

Søgeprotokol for Nationale Kliniske Retningslinjer – Puljeprojekt 21

Projekttitel/aspekt	NKR Hovedpine - primærlitteratur
Fagkonsulent	Louise Ninett Carlsen
Metodekonsulent	Henriette Callesen
Projektleder	Christel Høst
Søgespecialist	Kirsten Birkefoss
Senest opdateret	14.07.2020

De fokuserede spørgsmål	<p>PICO 1: Bør patienter med migræne tilbydes behandling med manuelle ledmobiliserende teknikker i tillæg til vanlig behandling?</p> <p>PICO 2: Bør patienter med spændingshovedpine tilbydes behandling med manuelle ledmobiliserende teknikker i tillæg til vanlig behandling?</p> <p>PICO 3: Bør mennesker med migræne tilbydes fysisk aktivitet?</p> <p>PICO 4: Bør mennesker med spændingshovedpine tilbydes fysisk aktivitet?</p> <p>PICO 5: Bør mennesker med migræne tilbydes psykologisk behandling?</p> <p>PICO 6: Bør mennesker med spændingshovedpine tilbydes psykologisk behandling?</p> <p>PICO 7: Bør mennesker med migræne tilbydes behandling med akupunktur?</p> <p>PICO 8: Bør mennesker med spændingshovedpine tilbydes behandling med akupunktur?</p> <p>PICO 9: Bør mennesker med migræne tilbydes patientuddannelse?</p> <p>PICO 10: Bør mennesker med spændingshovedpine tilbydes patientuddannelse?</p>
Søgetermer	Se søgestrategierne under de enkelte PICOs/PIROs
Inklusions- og eksklusionskriterier	<p><u>Sprog:</u> Engelsk, dansk, norsk og svensk</p> <p><u>År:</u> Forskelligt efter PICOs – mellem 2004-2020 (se de enkelte PICOs)</p> <p><u>Population:</u> Voksne 18 år-</p> <p><u>Publikationstyper:</u> Randomiserede studier</p>

Informationskilder

DATABASE	INTERFACE	DATO FOR SØGNING
Medline	OVID	08.07.2020 – 14.07.2020
EMBASE	OVID	08.07.2020 – 14.07.2020
PsycINFO (PICO 5,6,9,10)	OVID	08.07.2020 – 14.07.2020
Cochrane Central (inkl.ClinicalTrials.gov, WHO trial database, EU Trial Reg.)	Wiley	08.07.2020 – 14.07.2020
CINAHL	EBSCO	08.07.2020 – 14.07.2020
PEDRO	Internet	08.07.2020 – 14.07.2020
OT Seeker (PICO 9,10)	Internet	08.07.2020 – 14.07.2020

Note

- Søgetermer og inklusions- og eksklusionskriterier er tilpasset de enkelte databaser.
- Dubletter er så vidt muligt frasorteret ved hjælp af RefWorks. De fundne referencer overføres til Covidence (referenceværktøj)
- Fuldtekster præsenteres i Covidence i pdf-format
- Søgestrategi for hver enkelt database præsenteres – hvis muligt vises det eksplicit hvor mange referencer den enkelte søgestreng genererer

SØGESTRATEGI FOR PRIMÆRLITTERATUREN

Randomiserede studier

PICO 1: Bør patienter med migræne tilbydes behandling med manuelle ledmobiliserende teknikker i tillæg til vanlig behandling?

Søgt 08.07.2020

Medline

Database(s): **Ovid MEDLINE(R) and Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Daily and Versions(R)** 1946 to July 07, 2020

Search Strategy:

#	Searches	Results
1	Headache Disorders, Primary/	797
2	exp Migraine Disorders/	27128
3	migraine*.ti,bt,ab,kw,kf.	35335
4	or/1-3	40082
5	exp Musculoskeletal Manipulations/	16644
6	Manipulation, Chiropractic/	999
7	Manipulation, Orthopedic/	3905
8	Manipulation, Osteopathic/	1026
9	Manipulation, Spinal/	1592
10	Osteopathic Medicine/	3162
11	exp Physical therapy modalities/	152550
12	(adjust* adj6 (chiropract* or spinal or spine or lumbar or cervical or neck or thoracic or instrument* or tool* or electric)).ti,bt,ab,kf.	4299
13	(HVLA or high velocity low amplitude).ti,bt,ab,kw.	273
14	(manipulat* and (chiropract* or naprapath* or osteopath* or oosteopath* or orthopedic* or orthopaedic*)).ti,bt,ab,kf.	3186
15	(manipulat* and (spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or cervix or MSK or musculoskeletal or musculo-skeletal or vertebr*)).ti,bt,ab,kf.	14261
16	(manipulat* and (physiotherap* or physical therap*)).ti,bt,ab,kf.	1226
17	(manipulat* and technique*).ti,bt,ab,kw,kf.	21356

18	(mobili#at* and (chiropract* or naprapath* or osteopath* or oosteopath* or orthopedic* or orthopaedic* or physical therap* or physiotherap*)).ti,bt,ab,kf.	2228
19	(mobili#at* and (spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or cervix or MSK or musculoskeletal or musculo-skeletal or vertebr*)).ti,bt,ab,kf.	6203
20	((manual or manipul* or mobili#at* or MSK or movement or musculoskeletal or musculo-skeletal or neurorehabilitati* or neuro-rehabilitati* or physical) adj6 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation)).ti,bt,ab,kf.	147793
21	OMT.ti,bt,ab,kw,kf.	1275
22	((trigger point or motion or passive or cpm) adj2 therap*).ti,bt,ab,kw,kf.	977
23	(traction adj3 (manual or passive or mechanical or non-surgical or nonsurgical)).ti,bt,ab,kf.	492
24	(flexion-distraction or flexion distraction).ti,bt,ab,kf.	259
25	(activator adj3 (method* or technique* or instrument*)).ti,bt,ab,kf.	186
26	((mechanical or Alexander or Atlas Orthogonal or Atlas Specific or Bilateral Nasal Specific or Blair Upper Cervical or Chiropractic Manipulative Reflex or Cox or Derifield-Thompson or Directional Non-Force or Diversified or Endo-Nasal or feldenkrais or William or Flexion-Distraction or Full Spine or Gonstead or Grostic or Harrison or Koren Specific or Logan Basic or McTimoney or Maitland or Mulligan or muligan or Neuro Emotional or NUCCA or Palmer or Pierce-Stillwagon or Sacro Occipital or Thompson Terminal Point or Toftness or Toggle Recoil or Torque Release or Webster or muscle energy) adj1 (Technique* or model* or tool* or exercise* or therapy)).ti,bt,ab,kw,kf.	14736
27	(reflexolog* or cyriax or High velocity or low amplitude or Subluxation or Joint dysfunction or hypomobility or muscle energy technique* or therapeutic touch or stretching or acupressure or o?steopath*).ti,bt,ab,kw,kf.	54358
28	(vibration adj5 (therap* or treatment*)).ti,bt,ab,kw,kf.	633
29	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or non-surgical or nonsurgical or non surgical or non-surgery or nonsurgery or non surgery or non-invasive or noninvasive or non invasive or complimentary or integrat* or holistic or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Interdisciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or biopsychosocial or bio-psycho-social or multi-facet* or multifacet* or comprehensive or multiple or addition* or physiotherapy or physical therap*) adj6 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care or session*)).ti,bt,kw,kf.	122019
30	or/5-29	481594

31	4 and 30	1136
32	limit 31 to (randomized controlled trial or controlled clinical trial)	129
33	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,bt,ab,kf.	701534
34	(placebo* or single-blind* or double-blind* or triple-blind*).ti,bt,ab,kf.	283912
35	((single or double or triple) adj2 (blind* or mask*)).ti,bt,ab,kf.	173907
36	((patient* or person* or participant* or population* or allocat* or assign*) adj3 (random* or blind* or mask*)).tw.	259544
37	or/33-36	903752
38	31 and 37	286
39	32 or 38	309
40	limit 39 to (yr="2017-2020" and (english or danish or norwegian or swedish))	88
41	limit 40 to (systematic review or review or letter)	33
42	40 not 41	55

Embase

Database(s): **Embase** 1974 to 2020 July 07

Search Strategy:

#	Searches	Results
1	exp migraine/	63279
2	primary headache/	2613
3	migraine*.ti,ab,kw.	54166
4	or/1-3	71023
5	exp musculoskeletal manipulation/	3335
6	exp physiotherapy/	85832
7	exp Osteopathy/	4142
8	(adjust* adj6 (chiropract* or spinal or spine or lumbar or cervical or neck or thoracic or instrument* or tool* or electric)).ti,ab,kw.	5906
9	(HVLA or high velocity low amplitude).ti,ab,kw.	286
10	(manipulat* and (chiropract* or naprapath* or osteopath* or oosteopath* or orthopedic* or orthopaedic*)).ti,ab,kw.	3977
11	(manipulat* and (spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or cervix or MSK or musculoskeletal or musculo-skeletal or vertebr*)).ti,ab,kw.	18363

12	(manipulat* and (physiotherap* or physical therap*)).ti,ab,kw.	1739
13	(manipulat* and technique*).ti,ab,kw.	25992
14	(mobili?at* and (chiropract* or naprapath* or osteopath* or orthopedic* or orthopaedic* or physical therap* or physiotherap*)).ti,ab,kw.	3883
15	(mobili?at* and (spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or MSK or musculoskeletal or vertebr*)).ti,ab,kw.	9188
16	((manual or manipulat* or mobili?at* or MSK or musculoskeletal or musculo-skeletal or neurorehabilitati* or neuro-rehabilitati* or physical) adj6 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation)).ti,ab,kw.	180992
17	(traction adj3 (manual or passive or mechanical or non-surgical or nonsurgical)).ti,ab,kw.	763
18	(flexion-distraction or flexion distraction).ti,ab,kw.	295
19	((activator or physiotherapy or physical therapy) adj3 (method* or technique* or instrument*)).ti,ab,kw.	3072
20	((mechanical or Alexander or Atlas Orthogonal or Atlas Specific or Bilateral Nasal Specific or Blair Upper Cervical or Chiropractic Manipulative Reflex or Cox or Derifield-Thompson or Directional Non-Force or Diversified or Endo-Nasal or feldenkrais or William or Flexion-Distraction or Full Spine or Gonstead or Grostic or Harrison or Koren Specific or Logan Basic or McTimoney or Maitland or Mulligan or muligan or Neuro Emotional or NUCCA or Palmer or Pierce-Stillwagon or Sacro Occipital or Thompson Terminal Point or Toftness or Toggle Recoil or Torque Release or Webster or muscle energy) adj1 (Technique* or model* or tool* or exercise* or therapy)).ti,ab,kw.	23921
21	(reflexolog* or cyriax or High velocity or low amplitude or Subluxation or Joint dysfunction or hypomobility or muscle energy technique* or therapeutic touch or stretching or acupressure or o?steopath*).ti,ab,kw.	60441
22	OMT.ti,ab,kw.	2076
23	(vibration adj5 (therap* or treatment*)).ti,ab,kw.	781
24	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or non-surgical or nonsurgical or non surgical or non-surgery or nonsurgery or non surgery or non-invasive or noninvasive or non invasive or complimentary or integrat* or holistic or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Inter-disciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or biopsychosocial or bio-psycho-social or multi-facet* or multifacet* or comprehensive or multiple or addition* or physiotherapy or physical therap*) adj6 (therap* or treat* or intervention* or action* or	166110

	program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care)).ti,kw.	
25	or/5-24	514674
26	4 and 25	1967
27	limit 26 to (randomized controlled trial or controlled clinical trial)	166
28	(((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	974730
29	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	400370
30	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	240874
31	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,kw.	361795
32	or/28-31	1254562
33	26 and 32	370
34	27 or 33	395
35	limit 34 to (yr="2017-2020" and (danish or english or norwegian or swedish))	107
36	limit 35 to ("systematic review" or review or letter or note)	31
37	35 not 36	76

Cochrane Central

ID	Search	Hits
#1	MeSH descriptor: [Headache Disorders, Primary] this term only	16
#2	MeSH descriptor: [Migraine Disorders] explode all trees	2587
#3	migraine*:ti,ab,kw	7120
#4	#1 or #2 #3	2598
#5	MeSH descriptor: [Musculoskeletal Manipulations] explode all trees	2830
#6	(adjust* NEAR/6 (chiropract* or spinal or lumbar or cervical or thoracic or instrument* or tool* or electric)):ti,ab,kw	434
#7	(HVLA or high velocity low amplitude):ti,ab,kw	242
#8	(manipulat* and (chiropract* or naprapath* or oestopath* or osteopath* or osteopath* or orthopedic* or orthopaedic*)):ti,ab,kw	1487
#9	(manipulat* and (spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or MSK or musculoskeletal or vertebr*)):ti,ab,kw	3598
#10	(manipulat* and (physiotherap* or physical therap*)):ti,ab,kw	1493
#11	(manipulat* and technique*):ti,ab,kw	1735
#12	(mobili?at* and (chiropract* or naprapath* or osteopath* or osteopath* or orthopedic* or orthopaedic*)):ti,ab,kw	916
#13	((therap* or treat* or intervention* or manag* or rehabilit* or neurorehabilitation or strateg*) NEAR/6 (manual or manipulat* or mobili?at* or MSK or musculoskeletal)):ti,ab,kw	13098

#14 (traction NEAR/3 (manual or passive or mechanical or non-surgical or nonsurgical)):ti,ab,kw 141

#15 (flexion-distraction or flexion distraction):ti,ab,kw 81

#16 (activator NEAR/3 (method* or technique* or instrument*)):ti,ab,kw 52

#17 ((mechanical or Alexander or Atlas Orthogonal or Atlas Specific or Bilateral Nasal Specific or Blair Upper Cervical or Chiropractic Manipulative Reflex or Cox or Derifield-Thompson or Directional Non-Force or Diversified or Endo-Nasal or feldenkrais or William or Flexion-Distraction or Full Spine or Gonstead or Grostic or Harrison or Koren Specific or Logan Basic or McTimoney or Maitland or Mulligan or muligan or Neuro Emotional or NUCCA or Palmer or Pierce-Stillwagon or Sacro Occipital or Thompson Terminal Point or Toftness or Toggle Recoil or Torque Release or Webster or muscle energy) NEAR/1 (Technique* or model* or tool* or exercise* or therapy)):ti,ab,kw 9547

#18 (reflexolog* or cyriax or High velocity or low amplitude or Subluxation or Joint dysfunction or hypomobility or muscle energy technique* or therapeutic touch or stretching):ti,ab,kw 12679

#19 #5 or #6 or #7 or #8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18 37363

#20 #4 AND #19 with Publication Year from 2017 to 2020, in Trials 28

Cinahl

#	Query	Limiters/Expanders	Results
S22	S16 AND S21	Limiters - Published Date: 20170101-20200731; Language: Danish, English, Norwegian, Swedish	75
S21	S17 OR S18 OR S19 OR S20		408,322
S20	((patient* or person* or participant* or population* or allocate* or assign*) N3 (random* or blind* or mask*))		365,663
S19	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*))		116,943
S18	((((random* or cluster-random* or quasi-random* or control#ed or crossover or cross-over or blind* or mask*) N4 (trial* or study or studies or analy*)) or rct)		538,745
S17	PT Randomized Controlled Trial		132,278
S16	S4 AND S15		2,560

S15	S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14		899,914
S14	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or non-surgical or nonsurgical or non surgical or non-surgery or nonsurgery or non surgery or non-invasive or noninvasive or non invasive or complimentary or integrat* or holistic or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Inter-disciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or biopsychosocial or bio-psycho-social or multi-facet* or multifacet* or comprehensive or multiple or physiotherapy or physical therap*) N3 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care or session*))		712,528
S13	(vibration N5 (therap* or treatment*))		801
S12	reflexolog* or cyriax or High velocity or low amplitude or Subluxation or Joint dysfunction or hypomobility or muscle energy technique* or therapeutic touch or stretching or acupressure or o#steopath*		24,416
S11	((mechanical or Alexander or Atlas Orthogonal or Atlas Specific or Bilateral Nasal Specific or Blair Upper Cervical or Chiropractic Manipulative Reflex or Cox or Derifield-Thompson or Directional Non-Force or Diversified or Endo-Nasal or feldenkrais or William or Flexion-Distractio or Full Spine or Gonstead or Grostic or Harrison or Koren Specific or Logan Basic or McTimoney or Maitland or Mulligan or muligan or Neuro Emotional or NUCCA or Palmer or Pierce-Stillwagon or Sacro Occipital or Thompson Terminal Point or Toftness or Toggle Recoil or Torque Release or Webster or muscle energy or physical therapy or physiotherapy) N1 (Technique* or model* or tool* or exercise* or therapy))		163,557
S10	((manual or manipul* or mobili?at* or MSK or musculoskeletal or musculo-skeletal or neurorehabilitati* or neuro-rehabilitati* or physical) N6 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or session*)) or ((traction N3 (manual or passive or mechanical or non-surgical or		138,539

	nonsurgical))) or (activator N3 (method* or technique* or instrument*))		
S9	(mobilizat* and (chiropract* or naprapath* or osteopath* or oosteopath* or orthopedic* or orthopaedic* or spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or cervix or MSK or musculoskeletal or musculo-skeletal or vertebr*))		3,812
S8	(manipulat* and (chiropract* or naprapath* or osteopath* or oosteopath* or orthopedic* or orthopaedic* or spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or cervix or MSK or musculoskeletal or musculo-skeletal or vertebr* or physiotherap* or physical therap* or technique*))		13,508
S7	HVLA or high velocity low amplitude or flexion-distraction or flexion distraction		496
S6	(adjust* N6 (chiropract* or spinal or spine or lumbar or cervical or neck or thoracic or instrument* or tool* or electric))		2,473
S5	MH "Physical therapy" or MH "Manual therapy+" or MH "Joint mobilization"		83,038
S4	S1 OR S2 OR S3		18,933
S3	SU migraine*		14,722
S2	migraine*		18,858
S1	MH "Headache, Primary" or MH "Migraine"		14,818

PEDRO

8 fund

Abstract & Title: migraine*

Therapy: stretching, mobilization, manipulation, massage

Method: Clinical Trial

Published since: 2017

PICO 2: Bør patienter med spændingshovedpine tilbydes behandling med manuelle ledmobiliserende teknikker i tillæg til vanlig behandling?

Søgt 08.07.2020

Medline

Database(s): **Ovid MEDLINE(R) and Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Daily and Versions(R)** 1946 to July 07, 2020

Search Strategy:

#	Searches	Results
1	Headache Disorders, Primary/	797
2	exp Tension-Type Headache/	1991
3	((tension* or tension-type) adj2 (headache* or head ache*)).ti,bt,ab,kw,kf.	4140
4	or/1-3	5136
5	exp Musculoskeletal Manipulations/	16644
6	Manipulation, Chiropractic/	999
7	Manipulation, Orthopedic/	3905
8	Manipulation, Osteopathic/	1026
9	Manipulation, Spinal/	1592
10	Osteopathic Medicine/	3162
11	exp Physical therapy modalities/	152550
12	(adjust* adj6 (chiropract* or spinal or spine or lumbar or cervical or neck or thoracic or instrument* or tool* or electric)).ti,bt,ab,kf.	4299
13	(HVLA or high velocity low amplitude).ti,bt,ab,kw.	273
14	(manipulat* and (chiropract* or naprapath* or osteopath* or oosteopath* or orthopedic* or orthopaedic*)).ti,bt,ab,kf.	3186
15	(manipulat* and (spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or cervix or MSK or musculoskeletal or musculo-skeletal or vertebr*)).ti,bt,ab,kf.	14261
16	(manipulat* and (physiotherap* or physical therap*)).ti,bt,ab,kf.	1226
17	(manipulat* and technique*).ti,bt,ab,kw,kf.	21356
18	(mobili#at* and (chiropract* or naprapath* or osteopath* or oosteopath* or orthopedic* or orthopaedic* or physical therap* or physiotherap*)).ti,bt,ab,kf.	2228
19	(mobili#at* and (spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or cervix or MSK or musculoskeletal or musculo-skeletal or vertebr*)).ti,bt,ab,kf.	6203
20	((manual or manipulat* or mobili#at* or MSK or movement or musculoskeletal or musculo-skeletal or neurorehabilitati* or neuro-rehabilitati* or physical) adj6 (therap* or treat* or	147793

	intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation)).ti, bt, ab, kf.	
21	OMT.ti, bt, ab, kw, kf.	1275
22	((trigger point or motion or passive or cpm) adj2 therap*).ti, bt, ab, kw, kf.	977
23	(traction adj3 (manual or passive or mechanical or non-surgical or nonsurgical)).ti, bt, ab, kf.	492
24	(flexion-distraction or flexion distraction).ti, bt, ab, kf.	259
25	(activator adj3 (method* or technique* or instrument*)).ti, bt, ab, kf.	186
26	((mechanical or Alexander or Atlas Orthogonal or Atlas Specific or Bilateral Nasal Specific or Blair Upper Cervical or Chiropractic Manipulative Reflex or Cox or Derifield-Thompson or Directional Non-Force or Diversified or Endo-Nasal or feldenkrais or William or Flexion-Distraction or Full Spine or Gonstead or Grostic or Harrison or Koren Specific or Logan Basic or McTimoney or Maitland or Mulligan or muligan or Neuro Emotional or NUCCA or Palmer or Pierce-Stillwagon or Sacro Occipital or Thompson Terminal Point or Toftness or Toggle Recoil or Torque Release or Webster or muscle energy) adj1 (Technique* or model* or tool* or exercise* or therapy)).ti, bt, ab, kw, kf.	14736
27	(reflexolog* or cyriax or High velocity or low amplitude or Subluxation or Joint dysfunction or hypomobility or muscle energy technique* or therapeutic touch or stretching or acupressure or osteopath*).ti, bt, ab, kw, kf.	54358
28	(vibration adj5 (therap* or treatment*)).ti, bt, ab, kw, kf.	633
29	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or non-surgical or nonsurgical or non surgical or non-surgery or nonsurgery or non surgery or non-invasive or noninvasive or non invasive or complimentary or integrat* or holistic or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Interdisciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or biopsychosocial or bio-psycho-social or multi-facet* or multifacet* or comprehensive or multiple or addition* or physiotherapy or physical therap*) adj6 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care or session*)).ti, bt, kw, kf.	122019
30	or/5-29	481594
31	4 and 30	391
32	limit 31 to (randomized controlled trial or controlled clinical trial)	68
33	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti, bt, ab, kf.	701534
34	(placebo* or single-blind* or double-blind* or triple-blind*).ti, bt, ab, kf.	283912
35	((single or double or triple) adj2 (blind* or mask*)).ti, bt, ab, kf.	173907

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41	limit 40 to (systematic review or review or letter)	12
42	40 not 41	23

Embase

Database(s): **Embase** 1974 to 2020 July 07

Search Strategy:

#	Searches	Results
1	exp tension headache/	7779
2	primary headache/	2613
3	((tension* or tension-type) adj2 (headache* or head ache*)).ti,ab,kw.	6606
4	or/1-3	10801
5	exp musculoskeletal manipulation/	3335
6	exp physiotherapy/	85832
7	exp Osteopathy/	4142
8	(adjust* adj6 (chiropract* or spinal or spine or lumbar or cervical or neck or thoracic or instrument* or tool* or electric)).ti,ab,kw.	5906
9	(HVLA or high velocity low amplitude).ti,ab,kw.	286
10	(manipulat* and (chiropract* or naprapath* or osteopath* or oosteopath* or orthopedic* or orthopaedic*)).ti,ab,kw.	3977
11	(manipulat* and (spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or cervix or MSK or musculoskeletal or musculo-skeletal or vertebr*)).ti,ab,kw.	18363
12	(manipulat* and (physiotherap* or physical therap*)).ti,ab,kw.	1739
13	(manipulat* and technique*).ti,ab,kw.	25992
14	(mobili?at* and (chiropract* or naprapath* or osteopath* or orthopedic* or orthopaedic* or physical therap* or physiotherap*)).ti,ab,kw.	3883
15	(mobili?at* and (spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or MSK or musculoskeletal or vertebr*)).ti,ab,kw.	9188

16	((manual or manipulat* or mobili?at* or MSK or musculoskeletal or musculo-skeletal or neurorehabilitati* or neuro-rehabilitati* or physical) adj6 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation)).ti,ab,kw.	180992
17	(traction adj3 (manual or passive or mechanical or non-surgical or nonsurgical)).ti,ab,kw.	763
18	(flexion-distraction or flexion distraction).ti,ab,kw.	295
19	((activator or physiotherapy or physical therapy) adj3 (method* or technique* or instrument*)).ti,ab,kw.	3072
20	((mechanical or Alexander or Atlas Orthogonal or Atlas Specific or Bilateral Nasal Specific or Blair Upper Cervical or Chiropractic Manipulative Reflex or Cox or Derifield-Thompson or Directional Non-Force or Diversified or Endo-Nasal or feldenkrais or William or Flexion-Distraction or Full Spine or Gonstead or Grostic or Harrison or Koren Specific or Logan Basic or McTimoney or Maitland or Mulligan or muligan or Neuro Emotional or NUCCA or Palmer or Pierce-Stillwagon or Sacro Occipital or Thompson Terminal Point or Toftness or Toggle Recoil or Torque Release or Webster or muscle energy) adj1 (Technique* or model* or tool* or exercise* or therapy)).ti,ab,kw.	23921
21	(reflexolog* or cyriax or High velocity or low amplitude or Subluxation or Joint dysfunction or hypomobility or muscle energy technique* or therapeutic touch or stretching or acupressure or o?steopath*).ti,ab,kw.	60441
22	OMT.ti,ab,kw.	2076
23	(vibration adj5 (therap* or treatment*)).ti,ab,kw.	781
24	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or non-surgical or nonsurgical or non surgical or non-surgery or nonsurgery or non surgery or non-invasive or noninvasive or non invasive or complimentary or integrat* or holistic or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Interdisciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or biopsychosocial or bio-psycho-social or multi-facet* or multifacet* or comprehensive or multiple or addition* or physiotherapy or physical therap*) adj6 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care)).ti,kw.	166110
25	or/5-24	514674
26	4 and 25	782
27	limit 26 to (randomized controlled trial or controlled clinical trial)	84
28	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	974730

29	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	400370
30	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	240874
31	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,kw.	361795
32	or/28-31	1254562
33	26 and 32	197
34	27 or 33	209
35	limit 34 to (yr="2017-2020" and (danish or english or norwegian or swedish))	41
36	limit 35 to ("systematic review" or review or letter or note)	18
37	35 not 36	23

Cochrane Central

ID	Search	Hits
#1	MeSH descriptor: [Headache Disorders, Primary] this term only	16
#2	MeSH descriptor: [Tension-Type Headache] explode all trees	300
#3	((tension* or tension-type) NEAR/2 (headache* or head ache*)):ti,ab,kw	1087
#4	#1 or #2 #3	314
#5	MeSH descriptor: [Musculoskeletal Manipulations] explode all trees	2830
#6	(adjust* NEAR/6 (chiropract* or spinal or lumbar or cervical or thoracic or instrument* or tool* or electric)):ti,ab,kw	434
#7	(HVLA or high velocity low amplitude):ti,ab,kw	242
#8	(manipulat* and (chiropract* or naprapath* or oosteopath* or osteopath* or osteopath* or orthopedic* or orthopaedic*)):ti,ab,kw	1487
#9	(manipulat* and (spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or MSK or musculoskeletal or vertebr*)):ti,ab,kw	3598
#10	(manipulat* and (physiotherap* or physical therap*)):ti,ab,kw	1493
#11	(manipulat* and technique*):ti,ab,kw	1735
#12	(mobili?at* and (chiropract* or naprapath* or osteopath* or osteopath* or orthopedic* or orthopaedic*)):ti,ab,kw	916
#13	((therap* or treat* or intervention* or manag* or rehabilit* or neurorehabilitation or strateg*) NEAR/6 (manual or manipulat* or mobili?at* or MSK or musculoskeletal)):ti,ab,kw	13098
#14	(traction NEAR/3 (manual or passive or mechanical or non-surgical or nonsurgical)):ti,ab,kw	141
#15	(flexion-distraction or flexion distraction):ti,ab,kw	81
#16	(activator NEAR/3 (method* or technique* or instrument*)):ti,ab,kw	52
#17	((mechanical or Alexander or Atlas Orthogonal or Atlas Specific or Bilateral Nasal Specific or Blair Upper Cervical or Chiropractic Manipulative Reflex or Cox or Derifield-Thompson or Directional Non-Force or Diversified or Endo-Nasal or feldenkrais or William or Flexion-Distraction or Full Spine or Gonstead or Grostic or Harrison or Koren Specific or Logan Basic or McTimoney or Maitland or Mulligan or muligan or Neuro Emotional or NUCCA or Palmer or Pierce-Stillwagon or Sacro Occipital or Thompson Terminal Point or Toftness or Toggle Recoil	

	or Torque Release or Webster or muscle energy) NEAR/1 (Technique* or model* or tool* or exercise* or therapy):ti,ab,kw	9547
#18	(reflexolog* or cyriax or High velocity or low amplitude or Subluxation or Joint dysfunction or hypomobility or muscle energy technique* or therapeutic touch or stretching):ti,ab,kw	12679
#19	#5 or #6 or #7 or #8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18	37363
#20	#4 AND #19 with Publication Year from 2017 to 2020, in Trials	16

Cinahl

#	Query	Limiters/Expanders	Results
S22	S16 AND S21	Limiters - Published Date: 20170101-20200731; Language: Danish, English, Norwegian, Swedish	22
S21	S17 OR S18 OR S19 OR S20		408,322
S20	((patient* or person* or participant* or population* or allocate* or assign*) N3 (random* or blind* or mask*))		365,663
S19	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*))		116,943
S18	((((random* or cluster-random* or quasi-random* or control#ed or crossover or cross-over or blind* or mask*) N4 (trial* or study or studies or analy*)) or rct)		538,745
S17	PT Randomized Controlled Trial		132,278
S16	S4 AND S15		Display
S15	S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14		899,914
S14	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or non-surgical or nonsurgical or non surgical or non-surgery or nonsurgery or non surgery or non-invasive or noninvasive or non invasive or complimentary or integrat* or holistic or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Inter-disciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or biopsychosocial or bio-psycho-social or multi-facet* or multifacet* or comprehensive or multiple or		Display

	physiotherapy or physical therap*) N3 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care or session*))		
S13	(vibration N5 (therap* or treatment*))		Display
S12	reflexolog* or cyriax or High velocity or low amplitude or Subluxation or Joint dysfunction or hypomobility or muscle energy technique* or therapeutic touch or stretching or acupressure or o#steopath*		24,416
S11	((mechanical or Alexander or Atlas Orthogonal or Atlas Specific or Bilateral Nasal Specific or Blair Upper Cervical or Chiropractic Manipulative Reflex or Cox or Derifield-Thompson or Directional Non-Force or Diversified or Endo-Nasal or feldenkrais or William or Flexion-Distraction or Full Spine or Gonstead or Grostic or Harrison or Koren Specific or Logan Basic or McTimoney or Maitland or Mulligan or muligan or Neuro Emotional or NUCCA or Palmer or Pierce-Stillwagon or Sacro Occipital or Thompson Terminal Point or Toftness or Toggle Recoil or Torque Release or Webster or muscle energy or physical therapy or physiotherapy) N1 (Technique* or model* or tool* or exercise* or therapy))		163,557
S10	((manual or manipulat* or mobili?at* or MSK or musculoskeletal or musculo-skeletal or neurorehabilitati* or neuro-rehabilitati* or physical) N6 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or session*)) or ((traction N3 (manual or passive or mechanical or non-surgical or nonsurgical))) or (activator N3 (method* or technique* or instrument*))		Display
S9	(mobili?at* and (chiropract* or naprapath* or osteopath* or oosteopath* or orthopedic* or orthopaedic* or spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or cervix or MSK or musculoskeletal or musculo-skeletal or vertebr*))		3,812
S8	(manipulat* and (chiropract* or naprapath* or osteopath* or oosteopath* or orthopedic* or orthopaedic* or spinal or spine or low* back or joint* or lumbar or neck or thoracic or cervical or cervix or MSK or musculoskeletal or musculo-skeletal or vertebr* or physiotherap* or physical therap* or technique*))		Display
S7	HVLA or high velocity low amplitude or flexion-distraction or flexion distraction		496
S6	(adjust* N6 (chiropract* or spinal or spine or lumbar or cervical or neck or thoracic or instrument* or tool* or electric))		Display

S5	MH "Physical therapy" or MH "Manual therapy+" or MH "Joint mobilization"		83,038
S4	S1 OR S2 OR S3		Display
S3	SU ((tension* or tension-type) N2 headache*)		1,281
S2	(tension* or tension-type) N2 headache*		Display
S1	MH "Headache, Primary" or MH "Tension Headache"		1,417

PEDRO

6 fund

Abstract & Title: tension-type headache* or tension headache*

Therapy: stretching, mobilization, manipulation, massage

Method: Clinical Trial

Published since: 2017

PICO 3: Bør mennesker med migræne tilbydes fysisk aktivitet?

Søgt 08.07.2020

Medline

Database(s): **Ovid MEDLINE(R) and Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Daily and Versions(R)** 1946 to July 07, 2020

Search Strategy:

#	Searches	Results
1	Headache Disorders, Primary/	797
2	exp Migraine Disorders/	27128
3	migraine*.ti,bt,ab,kw,kf.	35335
4	or/1-3	40082
5	exp exercise/	194601
6	exp exercise therapy/	50590
7	exp Sports/	182318
8	exp Physical Exertion/	56294
9	exp Muscle strength/	33640
10	exp Exercise Movement Techniques/	8180
11	exp "Physical Education and Training"/	13448
12	Weight-Bearing/	20196
13	Tai Ji/	1091
14	Yoga/	2804
15	Qigong/	181
16	physical therapy modalities/	36660
17	(exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy).ti,bt,kw,kf.	288415
18	(physical adj1 (education or program*)).ti,bt,ab,kw,kf.	5827
19	(exercise adj3 (session* or training or technique* or physical or isometric or therap* or program* or class*)).ti,bt,ab,kw,kf.	64298
20	((muscl* or resistance or physical or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) adj3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fit* or	727734

	condition* or exposure or activit* or exertion or load* or physical therap* or physiotherap*).ti,bt,ab,kw,kf.	
21	(active rehabilitation or aerobic* or anaerobic* or movement therapy or waterygym* or water gym* or aquagym or gym* or hydrotherap* or (warm water adj4 (exercis* or train* or rehab*)) or pilates).ti,bt,ab,kw,kf.	158698
22	(running or Skate* or skating or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walk* or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or (weight* adj3 (lift* or train* or exercis*))).ti,bt,ab,kw,kf.	356624
23	(yoga or tai ji or tai chi or qigong or qi-gong or pilates*).ti,bt,ab,kw,kf.	7249
24	((mckenzie or mechanical or Alexander or William or Feldenkrais) adj2 (technique* or model* or tool* or exercise* or therapy)).ti,bt,ab,kw,kf.	7253
25	(neurorehabilitati* or neuro-rehabilitati*).ti,bt,ab,kw,kf.	3461
26	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or non-surgical or nonsurgical or non surgical or non-surgery or nonsurgery or non surgery or non-invasive or noninvasive or non invasive or complimentary or integrat* or holistic or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Interdisciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or biopsychosocial or bio-psycho-social or multi-facet* or multifacet* or comprehensive or multiple or addition* or physiotherapy or physical therap*) adj6 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care)).ti,bt,kw,kf.	121822
27	or/5-26	1594233
28	4 and 27	1743
29	limit 28 to (randomized controlled trial or controlled clinical trial)	129
30	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,bt,ab,kf.	701534
31	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kf,hw.	343104
32	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kf,hw.	238436
33	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,kf.	259565
34	or/30-33	943898
35	28 and 34	267
36	29 or 35	294
37	limit 36 to (yr="2019-2020" and (danish or english or norwegian or swedish))	46

38	limit 37 to (systematic review or review or letter)	15
39	37 not 38	31

Embase

Database(s): **Embase** 1974 to 2020 July 07

Search Strategy:

#	Searches	Results
1	exp migraine/	63279
2	primary headache/	2613
3	migraine*.ti,ab,kw.	54166
4	or/1-3	71023
5	exp exercise/	338525
6	exp kinesiotherapy/	77660
7	exp Physical Exertion/	338525
8	exp Muscle strength/	62911
9	exp Exercise Movement Techniques/	77660
10	exp "Physical Education and Training"/	11177
11	Weight-Bearing/	29428
12	Tai Ji/	2941
13	Yoga/	7622
14	Qigong/	728
15	physiotherapy/	84100
16	(exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy).ti,kw.	366774
17	(physical adj1 (education or program*)).ti,ab,kw.	6967
18	(exercise adj3 (session* or training or technique* or physical or isometric or therap* or program* or class*)).ti,ab,kw.	87912
19	((muscl* or resistance or physical or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) adj3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fit* or condition* or exposure or activit* or exertion or load* or physical therap* or physiotherap*)).ti,ab,kw.	894152

20	(active rehabilitation or aerobic* or anaerobic* or movement therapy or waterygym* or water gym* or aquagym or gym* or hydrotherap* or (warm water adj4 (exercis* or train* or rehab))).ti,ab,kw.	190114
21	(running or Skate* or skating or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walk* or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or (weight* adj3 (lift* or train* or exercis*))).ti,ab,kw.	458343
22	(yoga or tai ji or tai chi or qigong or qi-gong or pilates).ti,ab,kw.	10494
23	((mckenzie or mechanical or Alexander or William or Feldenkrais) adj2 (technique* or model* or tool* or exercise* or therapy)).ti,ab,kw.	8405
24	(neurorehabilitati* or neuro-rehabilitati*).ti,ab,kw.	5976
25	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or non-surgical or nonsurgical or non surgical or non-surgery or nonsurgery or non surgery or non-invasive or noninvasive or non invasive or complimentary or integrat* or holistic or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Interdisciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or biopsychosocial or bio-psycho-social or multi-facet* or multifacet* or comprehensive or multiple or addition* or physiotherapy or physical therap*) adj3 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care or session*).ti,kw.	122516
26	or/5-25	1943149
27	4 and 26	4204
28	limit 27 to (randomized controlled trial or controlled clinical trial)	275
29	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	974730
30	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	400370
31	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	240874
32	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,kw.	361795
33	or/29-32	1254562
34	27 and 33	558
35	28 or 34	615
36	limit 35 to (yr="2019-2020" and (danish or english or norwegian or swedish))	82
37	limit 36 to ("systematic review" or review or letter or note)	23
38	36 not 37	59

Cochrane Central

ID	Search	Hits
#1	MeSH descriptor: [Headache Disorders, Primary] this term only	16
#2	MeSH descriptor: [Migraine Disorders] explode all trees	2587
#3	migraine*:ti,ab,kw	7120
#4	#1 or #2 or #3	6401
#5	MeSH descriptor: [Exercise Therapy] explode all trees	13305
#6	MeSH descriptor: [Exercise] explode all trees	23843
#7	MeSH descriptor: [Sports] explode all trees	15255
#8	MeSH descriptor: [Physical Therapy Modalities] explode all trees	24810
#9	MeSH descriptor: [Physical Exertion] explode all trees	3816
#10	MeSH descriptor: [Muscle Strength] explode all trees	5413
#11	MeSH descriptor: [Exercise Movement Techniques] explode all trees	2055
#12	MeSH descriptor: [Weight-Bearing] explode all trees	963
#13	MeSH descriptor: [Tai Ji] explode all trees	348
#14	MeSH descriptor: [Yoga] explode all trees	643
#15	(exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy):ti,kw	119455
#16	(physical NEAR/1 (education or program*)):ti,ab,kw	3313
#17	(exercise NEAR/3 (session* or training or technique* or physical or isometric or therap* or program* or class*)):ti,ab,kw	37552
#18	((muscl* or resistance or physical or endurance or strength* or balance or aquatic* or trunk or graded or gradual or progressive or incremented or symptom-based or symptombased or symptom based or guided or supervis* or stepped care or stepwise or step-wise) NEAR/3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fit* or condition* or exposure or activit* or exertion or load* or activit*)):ti,ab,kw	119975
#19	(aerobic* or anaerobic* or movement therapy or waterym* or water gym* or aquagym or gym* or (warm water NEAR/4 (exercis* or train* or rehab*)):ti,ab,kw	28379
#20	(running or Skate* or skating or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walk* or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or (weight* NEAR/3 (lift* or train* or exercis*)):ti,ab,kw	54511
#21	(yoga or tai ji or tai chi or qigong or qi-gong or pilates):ti,ab,kw	5316
#22	((mckenzie or mechanical or Alexander or William or Feldenkrais) NEAR/2 (technique* or model* or tool* or exercise* or therapy)):ti,ab,kw	572
#23	#5 or #6 or #7 or #8 or #9 or #10 or #11 #12 or #13 or #14 or #15 or #16 or #17 or #18 or #19 or #20 or #21 or #22	218534
#24	#4 AND #23 with Publication Year from 2019 to 2020, in Trials	65

Cinahl

#	Query	Limiters/Expanders	Results
S22	S16 AND S21	Limiters - Published Date: 20190101-20200731; Language: Danish, English, Norwegian, Swedish	46
S21	S17 OR S18 OR S19 OR S20		408,322
S20	((patient* or person* or participant* or population* or allocate* or assign*) N3 (random* or blind* or mask*))		365,663
S19	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*))		116,943
S18	((((random* or cluster-random* or quasi-random* or control#ed or crossover or cross-over or blind* or mask*) N4 (trial* or study or studies or analy*)) or rct)		538,745
S17	PT Randomized Controlled Trial		132,278
S16	S4 AND S15		3,304
S15	S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14		1,326,165
S14	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or non-surgical or nonsurgical or non surgical or non-surgery or nonsurgery or non surgery or non-invasive or noninvasive or non invasive or complimentary or integrat* or holistic or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Inter-disciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or biopsychosocial or bio-psycho-social or multi-facet* or multifacet* or comprehensive or multiple or physiotherapy or physical therap*) N3 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care or session*))		712,528

S13	neurorehabilitati* or neuro-rehabilitati*		1,794
S12	(mckenzie or mechanical or Alexander or William or Feldenkrais) N2 (technique* or model* or tool* or exercise* or therapy)		2,078
S11	(yoga or tai ji or tai chi or qigong or qi-gong or pilates*)		15,344
S10	running or Skate* or skating or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walk* or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or (weight* N3 (lift* or train* or exercis*))		128,860
S9	(active rehabilitation or aerobic* or anaerobic* or movement therapy or waterygym* or water gym* or aquagym or gym* or hydrotherap* or pilates)		38,997
S8	(muscl* or resistance or physical or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) N3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fit* or condition* or exposure or activit* or exertion or load* or physical therap* or physiotherap*)		580,295
S7	(physical N1 (education or program*)) or (exercise N3 (session* or training or technique* or physical or isometric or therap* or program* or class*))		66,152
S6	TI (exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy)		148,064
S5	MH "Physical therapy" or MH "Exercise+" or MH "Exercise therapy+" or MH Sports+ or MH "Physical Exertion+" or MH "Muscle strength+" or MH "Exercise Movement Techniques+" or MH "physical therapy modalities+" or MH "Physical Education and Training+" or MH "Weight-Bearing" or MH "Ta ji+" OR MH "Yoga+"		232,713
S4	S1 OR S2 OR S3		18,933
S3	SU (migraine*)		14,722
S2	migraine*		18,858
S1	MH "Headache, Primary" or MH "Migraine"		14,818

PEDRO

2 fund

Abstract & Title: migraine* and exercise

Method: Clinical trial

Published since: 2019

PICO 4: Bør mennesker med spændingshovedpine tilbydes fysisk aktivitet?

Søgt 08.07.2020

Medline

Database(s): **Ovid MEDLINE(R) and Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Daily and Versions(R)** 1946 to July 07, 2020

Search Strategy:

#	Searches	Results
1	Headache Disorders, Primary/	797
2	exp Tension-Type Headache/	1991
3	((tension* or tension-type) adj2 (headache* or head ache*)).ti,bt,ab,kw,kf.	4140
4	or/1-3	5136
5	exp exercise/	194601
6	exp exercise therapy/	50590
7	exp Sports/	182318
8	exp Physical Exertion/	56294
9	exp Muscle strength/	33640
10	exp Exercise Movement Techniques/	8180
11	exp "Physical Education and Training"/	13448
12	Weight-Bearing/	20196
13	Tai Ji/	1091
14	Yoga/	2804
15	Qigong/	181
16	physical therapy modalities/	36660
17	(exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy).ti,bt,kw,kf.	288415
18	(physical adj1 (education or program*)).ti,bt,ab,kw,kf.	5827
19	(exercise adj3 (session* or training or technique* or physical or isometric or therap* or program* or class*)).ti,bt,ab,kw,kf.	64298
20	((muscl* or resistance or physical or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) adj3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fit* or	727734

	condition* or exposure or activit* or exertion or load* or physical therap* or physiotherap*)).ti,bt,ab,kw,kf.	
21	(active rehabilitation or aerobic* or anaerobic* or movement therapy or waterygym* or water gym* or aquagym or gym* or hydrotherap* or (warm water adj4 (exercis* or train* or rehab*)) or pilates).ti,bt,ab,kw,kf.	158698
22	(running or Skate* or skating or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walk* or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or (weight* adj3 (lift* or train* or exercis*))).ti,bt,ab,kw,kf.	356624
23	(yoga or tai ji or tai chi or qigong or qi-gong or pilates*).ti,bt,ab,kw,kf.	7249
24	((mckenzie or mechanical or Alexander or William or Feldenkrais) adj2 (technique* or model* or tool* or exercise* or therapy)).ti,bt,ab,kw,kf.	7253
25	(neurorehabilitati* or neuro-rehabilitati*).ti,bt,ab,kw,kf.	3461
26	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or non-surgical or nonsurgical or non surgical or non-surgery or nonsurgery or non surgery or non-invasive or noninvasive or non invasive or complimentary or integrat* or holistic or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Interdisciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or biopsychosocial or bio-psycho-social or multi-facet* or multifacet* or comprehensive or multiple or addition* or physiotherapy or physical therap*) adj6 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care)).ti,bt,kw,kf.	121822
27	or/5-26	1594233
28	4 and 27	495
29	limit 28 to (randomized controlled trial or controlled clinical trial)	63
30	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,bt,ab,kf.	701534
31	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kf,hw.	343104
32	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kf,hw.	238436
33	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,kf.	259565
34	or/30-33	943898
35	28 and 34	123
36	29 or 35	140
37	limit 36 to (yr="2004-2020" and (danish or english or norwegian or swedish))	91

38	limit 37 to (systematic review or review or letter)	30
39	37 not 38	61

Embase

Database(s): **Embase** 1974 to 2020 July 07

Search Strategy:

#	Searches	Results
1	exp tension headache/	7779
2	primary headache/	2613
3	((tension* or tension-type) adj2 (headache* or head ache*)).ti,ab,kw.	6606
4	or/1-3	10801
5	exp exercise/	338525
6	exp kinesiotherapy/	77660
7	exp Physical Exertion/	338525
8	exp Muscle strength/	62911
9	exp Exercise Movement Techniques/	77660
10	exp "Physical Education and Training"/	11177
11	Weight-Bearing/	29428
12	Tai Ji/	2941
13	Yoga/	7622
14	Qigong/	728
15	physiotherapy/	84100
16	(exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy).ti,kw.	366774
17	(physical adj1 (education or program*)).ti,ab,kw.	6967
18	(exercise adj3 (session* or training or technique* or physical or isometric or therap* or program* or class*)).ti,ab,kw.	87912
19	((muscl* or resistance or physical or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) adj3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fit* or	894152

	condition* or exposure or activit* or exertion or load* or physical therap* or physiotherap*)).ti,ab,kw.	
20	(active rehabilitation or aerobic* or anaerobic* or movement therapy or waterygym* or water gym* or aquagym or gym* or hydrotherap* or (warm water adj4 (exercis* or train* or rehab))).ti,ab,kw.	190114
21	(running or Skate* or skating or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walk* or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or (weight* adj3 (lift* or train* or exercis*))).ti,ab,kw.	458343
22	(yoga or tai ji or tai chi or qigong or qi-gong or pilates).ti,ab,kw.	10494
23	((mckenzie or mechanical or Alexander or William or Feldenkrais) adj2 (technique* or model* or tool* or exercise* or therapy)).ti,ab,kw.	8405
24	(neurorehabilitati* or neuro-rehabilitati*).ti,ab,kw.	5976
25	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or non-surgical or nonsurgical or non surgical or non-surgery or nonsurgery or non surgery or non-invasive or noninvasive or non invasive or complimentary or integrat* or holistic or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Interdisciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or biopsychosocial or bio-psycho-social or multi-facet* or multifacet* or comprehensive or multiple or addition* or physiotherapy or physical therap*) adj3 (therap* or treat* or intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care or session*)).ti,kw.	122516
26	or/5-25	1943149
27	4 and 26	1241
28	limit 27 to (randomized controlled trial or controlled clinical trial)	108
29	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	974730
30	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	400370
31	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	240874
32	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,kw.	361795
33	or/29-32	1254562
34	27 and 33	243
35	28 or 34	269
36	limit 35 to (yr="2004-2020" and (danish or english or norwegian or swedish))	200

37	limit 36 to ("systematic review" or review or letter or note)	81
38	36 not 37	119

Cochrane Central

ID	Search	Hits
#1	MeSH descriptor: [Headache Disorders, Primary] this term only	16
#2	MeSH descriptor: [Tension-Type Headache] explode all trees	300
#3	((tension* or tension-type) NEAR/2 (headache* or head ache*)):ti,ab,kw	1087
#4	#1 or #2 or #3	1097
#5	MeSH descriptor: [Exercise Therapy] explode all trees	13305
#6	MeSH descriptor: [Exercise] explode all trees	23843
#7	MeSH descriptor: [Sports] explode all trees	15255
#8	MeSH descriptor: [Physical Therapy Modalities] explode all trees	24810
#9	MeSH descriptor: [Physical Exertion] explode all trees	3816
#10	MeSH descriptor: [Muscle Strength] explode all trees	5413
#11	MeSH descriptor: [Exercise Movement Techniques] explode all trees	2055
#12	MeSH descriptor: [Weight-Bearing] explode all trees	963
#13	MeSH descriptor: [Tai Ji] explode all trees	348
#14	MeSH descriptor: [Yoga] explode all trees	643
#15	(exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy):ti,kw	119455
#16	(physical NEAR/1 (education or program*)):ti,ab,kw	3313
#17	(exercise NEAR/3 (session* or training or technique* or physical or isometric or therap* or program* or class*)):ti,ab,kw	37552
#18	((muscl* or resistance or physical or endurance or strength* or balance or aquatic* or trunk or graded or gradual or progressive or incremented or symptom-based or symptombased or symptom based or guided or supervis* or stepped care or stepwise or step-wise) NEAR/3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fit* or condition* or exposure or activit* or exertion or load* or activit*)):ti,ab,kw	119975
#19	(aerobic* or anaerobic* or movement therapy or watergym* or water gym* or aquagym or gym* or (warm water NEAR/4 (exercis* or train* or rehab*)):ti,ab,kw	28379
#20	(running or Skate* or skating or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walk* or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or (weight* NEAR/3 (lift* or train* or exercis*)):ti,ab,kw	54511
#21	(yoga or tai ji or tai chi or qigong or qi-gong or pilates):ti,ab,kw	5316
#22	((mckenzie or mechanical or Alexander or William or Feldenkrais) NEAR/2 (technique* or model* or tool* or exercise* or therapy)):ti,ab,kw	572
#23	#5 or #6 or #7 or #8 or #9 or #10 or #11 #12 or #13 or #14 or #15 or #16 or #17 or #18 or #19 or #20 or #21 or #22	218534
#24	#4 AND #23 with Publication Year from 2004 to 2020, in Trials	180

Cinahl

#	Query	Limiters/Expanders	Results
S22	S16 AND S21	Limiters - Published Date: 20040101-20200731; Language: Danish, English, Norwegian, Swedish	73
S21	S17 OR S18 OR S19 OR S20		408,322
S20	((patient* or person* or participant* or population* or allocate* or assign*) N3 (random* or blind* or mask*))		365,663
S19	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*))		116,943
S18	((((random* or cluster-random* or quasi-random* or control#ed or crossover or cross-over or blind* or mask*) N4 (trial* or study or studies or analy*)) or rct)		538,745
S17	PT Randomized Controlled Trial		132,278
S16	S4 AND S15		805
S15	S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14		1,326,165
S14	((non-pharma* or nonpharma* or non pharma* or non-drug or nondrug or non drug or non-surgical or nonsurgical or non surgical or non-surgery or nonsurgery or non surgery or non-invasive or noninvasive or non invasive or complimentary or integrat* or holistic or multi-modal* or multimodal* or Multidisciplinary or Multi-disciplinary or Interdisciplinary or Inter-disciplinary or complex or multimodal* or multi-modal* or cross-disciplinary or crossdisciplinary or multi-dimensional or multidimensional or biopsychosocial or bio-psycho-social or multifacet* or multifacet* or comprehensive or multiple or physiotherapy or physical therap*) N3 (therap* or treat* or		712,528

	intervention* or action* or program* or strateg* or protocol* or support* or approach* or evaluation or rehabilitation or care or session*))		
S13	neurorehabilitati* or neuro-rehabilitati*		1,794
S12	(mckenzie or mechanical or Alexander or William or Feldenkrais) N2 (technique* or model* or tool* or exercise* or therapy)		2,078
S11	(yoga or tai ji or tai chi or qigong or qi-gong or pilates*)		15,344
S10	running or Skate* or skating or skiing or Jog* or zumba or kettlebelt or Swim* or Bicycl* or cycling or bicycling or fitness bike* or exercise bike* or spinning or walk* or rowing or rower or water-rower* or waterrower* or cross-train* or crosstrain* or pacing or paced or titreted or (weight* N3 (lift* or train* or exercis*))		128,860
S9	(active rehabilitation or aerobic* or anaerobic* or movement therapy or watergym* or water gym* or aquagym or gym* or hydrotherap* or pilates)		38,997
S8	(muscl* or resistance or physical or endurance or strength* or balance or postur* or gait or threshold* or treadmill* or aquatic* or trunk or graded or gradual or progressive or controlled or incremented or symptom-based or symptombased or symptom based or guided or supervis* or coached or coaching or stepped care or stepwise or step-wise) N3 (train* or retrain* or re-train* or exercise* or rehabilitation or strength* or fit* or condition* or exposure or activit* or exertion or load* or physical therap* or physiotherap*)		580,295
S7	(physical N1 (education or program*)) or (exercise N3 (session* or training or technique* or physical or isometric or therap* or program* or class*))		66,152
S6	T1 (exercis* or train* or stepped care or physical therap* or physiotherap* or kinesiotherapy)		148,064

S5	MH "Physical therapy" or MH "Exercise+" or MH "Exercise therapy+" or MH Sports+ or MH "Physical Exertion+" or MH "Muscle strength+" or MH "Exercise Movement Techniques+" or MH "physical therapy modalities+" or MH "Physical Education and Training+" or MH "Weight-Bearing" or MH "Ta ji+" OR MH "Yoga+"		232,713
S4	S1 OR S2 OR S3		2,450
S3	SU (tension* or tension-type) N2 (headache* or head ache*)		1,281
S2	(tension* or tension-type) N2 (headache* or head ache*)		2,331
S1	MH "Headache, Primary" or MH "Tension Headache"		1,417

PEDRO

14 fund

Abstract & Title: (tension-type headache* or tension headache*) and exercise

Method: Clinical trial

Published since: 2004

PICO 5: Bør mennesker med migræne tilbydes psykologisk behandling?

PICO 6: Bør mennesker med spændingshovedpine tilbydes psykologisk behandling?

Samsøgt 10.07.2020

Medline

Database(s): **Ovid MEDLINE(R) and Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Daily and Versions(R)** 1946 to July 08, 2020

Search Strategy:

#	Searches	Results
1	Headache/	27625
2	Headache disorders/	2334
3	Headache Disorders, Primary/	797
4	exp Migraine Disorders/	27132
5	exp Tension-Type Headache/	1992
6	(headache* or head ache* or migraine*).ti,bt,ab,kw,kf.	103063
7	or/1-6	114057
8	exp Counseling/	43864
9	(psychoeducat* or psycho-educat*).ti,bt,ab,kw,kf.	6481
10	(self-management or self-instruction* or selfmanagement or selfinstruction* or self management or self instruction* or self-guid* or self guid* or selfguid* or self care or self-care or selfcare or guidance).ti,bt,ab,kw,kf.	150931
11	exp Psychotherapy/	195185
12	exp Cognitive Behavioral Therapy/	28408
13	exp Adaptation, Psychological/	126715
14	Motivational Interviewing/	1827
15	exp Mindfulness/	3226
16	Breathing Exercises/	3408
17	exp Biofeedback, Psychology/ or feedback/ or feedback, psychological/ or autogenic training/	45202
18	Relaxation therapy/ or Muscle relaxation/	18213
19	"Imagery (Psychotherapy)"/	1805
20	(cbt or act or (acceptance adj2 therapy)).ti,bt,ab,kw,kf.	286555
21	(cognitive-behavior-therapy or cognitive-behavioral-therapy).ti,bt,ab,kw,kf.	16825

22	((cognitive or cognitive-behavior* or behavior?r or individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavior?r* or mentali#ation* or visuali#ation or dynamic or cris#s or emotion* or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or neurofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindful* or meditation or attention control or stress) adj3 (therap* or treatment* or intervention* or management* or model* or program* or modal* or treat* or interview* or training or rehabilitation or neuro-rehabilitation or neurorehabilitation or support* or counseling or counselling or remediation or session* or technique*)).ti,bt,ab,kw,kf.	782333
23	(psychotherap* or psycho-therap* or counsel?ing).ti,bt,ab,kw,kf.	139897
24	((psychologic* or neuro-psycholog* or neuropsycholog* or psychosocial or psycho-social) adj3 (therap* or treat* or intervention* or program* or plan* or approach* or action* or model* or modal* or multimodal* or multi-modal* or interview* or management or training or rehabilitation or neuro-rehabilitation or neurorehabilitation or support* or counseling or counselling or remediation or session* or coaching)).ti,bt,ab,kw,kf.	54462
25	((controlled or paced or therap* or exercise*) adj2 breathing).ti,bt,ab,kw,kf.	2719
26	(respirat* adj2 (training or exercise* or therap*)).ti,bt,ab,kw,kf.	6182
27	(guided adj2 (imagery or visuali*)).ti,bt,ab,kw,kf.	885
28	(problem solving or coping behavior?r* or social coping or stress management or stress handling or adaptation or adaptive behavior?r* or motivational interviewing).ti,bt,ab,kw,kf.	196117
29	(counsel?ing or telecounsel?ing or tele-counsel?ing or internet-counsel?ing or webcounsel?ing or web-counsel?ing or videocounsel?ing or video-counsel?ing or coaching or telecoaching or tele-coaching or internet-coaching or webcoaching or web-coaching or video coaching or video-coaching).ti,bt,ab,kf.	100979
30	empower*.ti,bt,ab,kw,kf.	26301
31	or/8-30	1739008
32	7 and 31	7550
33	limit 32 to (randomized controlled trial or controlled clinical trial)	1207
34	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,bt,ab,kf.	701013
35	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kf,hw.	342957
36	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kf,hw.	238357
37	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,kf.	259361

38	or/34-37	943272
39	32 and 38	1886
40	33 or 39	2057
41	limit 40 to (yr="2017-2020" and (english or danish or norwegian or swedish))	379
42	limit 41 to (systematic review or review or letter)	104
43	41 not 42	275

Embase

Database(s): **Embase** 1974 to 2020 July 09

Search Strategy:

#	Searches	Results
1	exp migraine/	63298
2	exp tension headache/	7779
3	exp chronic daily headache/	7039
4	primary headache/	2614
5	stabbing headache/	232
6	(headache* or head ache* or migraine*).ti,ab,kw.	62851
7	or/1-6	86908
8	exp Psychoeducation/	8015
9	counseling/ or e-counseling/ or motivational interviewing/	70737
10	(psychoeducat* or psycho-educat*).ti,ab,kw.	10202
11	exp Psychotherapy/	248808
12	exp Cognitive Behavioral Therapy/	12934
13	psychological aspect/	480067
14	social adaptation/	22254
15	exp biofeedback/	4833
16	exp relaxation training/	10825
17	exp mindfulness/	8497
18	(acceptance adj2 therapy).ti,ab,kw.	392
19	(cognitive-behavior-therapy or cognitive-behavioral-therapy).ti,ab,kw.	24314
20	((cognitive or cognitive-behavior* or individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavior* or mentali#ation* or visuali#ation or dynamic or	1058231

	cris#s or emotion* or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or neurofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindful* or meditation or attention control or stress) adj3 (therap* or treatment* or intervention* or management* or model* or program* or modal* or treat* or interview* or training or rehabilitation or neuro-rehabilitation or neurorehabilitation or support* or counseling or counselling or remediation or session* or technique*).ti,ab,kw.	
21	(psychotherap* or psycho-therap*).ti,ab,kw.	60564
22	((psychologic* or neuro-psycholog* or neuropsycholog* or psychosocial or psycho-social) adj3 (therap* or treat* or intervention* or program* or plan* or approach* or action* or model* or modal* or multimodal* or multi-modal* or interview* or management or training or rehabilitation or neuro-rehabilitation or neurorehabilitation or support* or counseling or counselling or remediation or session* or coaching)).ti,ab,kw.	77381
23	((controlled or paced or therap* or exercise*) adj2 breathing).ti,ab,kw.	3969
24	(respirat* adj2 (training or exercise* or therap*)).ti,ab,kw.	8995
25	(guided adj2 (imagery or visuali*)).ti,ab,kw.	1304
26	(problem solving or coping behavio?r* or social coping or stress management or stress handling or adaptation or adaptive behavio?r*).ti,ab,kw.	228135
27	(counsel?ing or telecounsel?ing or tele-counsel?ing or internet-counsel?ing or webcounsel?ing or web-counsel?ing or videocounsel?ing or video-counsel?ing or coaching or telecoaching or tele-coaching or internet-coaching or webcoaching or web-coaching or videocoaching or video-coaching).ti,ab,kw.	144244
28	empower*.ti,ab,kw.	35439
29	or/8-28	2007288
30	7 and 29	7597
31	limit 30 to (randomized controlled trial or controlled clinical trial)	922
32	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	930705
33	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	400517
34	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	240956
35	((patient* or person* or participant* or population* or allocate* or assign*) adj3 random*).ti,ab,kw.	340716
36	or/32-35	1214913
37	30 and 36	1551
38	31 or 37	1712

39	limit 38 to (yr="2017-2020" and (danish or english or norwegian or swedish))	423
40	limit 39 to ("systematic review" or review or letter or note)	80
41	39 not 40	343
42	exp Child/ not ((exp adult/ or exp Adolescent/) and exp Child/)	1564952
43	41 not 42	341

PsycINFO

Database(s): **APA PsycInfo** 1806 to July Week 1 2020

Search Strategy:

#	Searches	Results
1	exp Headache/	15293
2	(headache* or head ache* or migraine*).ti,ab,id.	23227
3	or/1-2	23354
4	exp Psychoeducation/	4597
5	exp Counseling/	77419
6	(psychoeducat* or psycho-educat*).ti,ab,id.	11445
7	exp Psychotherapy/	202738
8	exp cognitive therapy/	13454
9	exp Cognitive Techniques/	15955
10	Therapeutic Camps/	299
11	Psychological stress/	8894
12	Anxiety Management/	672
13	exp Behavior Modification/	45021
14	"Stress and Coping Measures"/	184
15	Problem Solving/ or Group Problem solving/	29150
16	psychosocial rehabilitation/	4121
17	Biopsychosocial Approach/	3741
18	Motivational Interviewing/	2477
19	exp Reinforcement/	50044
20	exp Mindfulness/ or mindfulness-based interventions/	10024
21	exp Meditation/	4637
22	exp Biofeedback/ or feedback/	23878

23	Relaxation therapy/ or Muscle relaxation/	3510
24	exp Imagery/	16785
25	Interdisciplinary Treatment Approach/ or Multimodal Treatment Approach/	9141
26	(cbt or act or (acceptance adj2 therapy)).ti,ab,id.	87935
27	(cognitive-behavior-therapy or cognitive-behavioral-therapy).ti,ab,id.	24044
28	((cognitive or cognitive-behavior* or behavior* or individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavior* or mentali#ation* or visuali#ation or dynamic or cris#s or emotion* or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or neurofeedback or Desensiti#ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindful* or meditation or attention control or stress) adj3 (therap* or treatment* or intervention* or management* or model* or program* or modal* or treat* or interview* or training or rehabilitation or neuro-rehabilitation or neurorehabilitation or support* or counseling or counselling or remediation or session* or technique*)).ti,ab,id.	569800
29	(psychotherap* or psycho-therap* or counsel?ing).ti,ab,id.	199173
30	((psychologic* or neuro-psycholog* or neuropsycholog* or psychosocial or psycho-social) adj3 (therap* or treat* or intervention* or program* or plan* or approach* or action* or model* or modal* or multimodal* or multi-modal* or interview* or management or training or rehabilitation or neuro-rehabilitation or neurorehabilitation or support* or counseling or counselling or remediation or session* or coaching)).ti,ab,id.	68216
31	((controlled or paced or therap* or exercise*) adj2 breathing).ti,ab,id.	671
32	(respirat* adj2 (training or exercise* or therap*)).ti,ab,id.	345
33	((guided adj2 (imagery or visuali*)) or mindful eating or mindful walking).ti,ab,id.	1565
34	(problem solving or coping behavior* or social coping or stress management or stress handling or adaptation or adaptive behavior* or motivational interviewing).ti,ab,id.	125213
35	(counsel?ing or telecounsel?ing or tele-counsel?ing or internet-counsel?ing or webcounsel?ing or web-counsel?ing or videocounsel?ing or video-counsel?ing or coaching or telecoaching or tele-coaching or internet-coaching or webcoaching or web-coaching or video coaching or video-coaching).ti,ab,id.	98025
36	(empower* or neuro-rehabilitati* or neurorehabilitati* or ((lifestyle or life-style or life style) adj1 (modification* or change*))).ti,ab,id.	33289
37	or/4-36	1096376
38	3 and 37	3550

39	((((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,id.	105927
40	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) adj2 (blind* or mask*))).ti,ab,id.	49187
41	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,id.	59140
42	or/39-41	165233
43	38 and 42	610
44	limit 43 to (yr="2017-2020" and (english or danish or norwegian or swedish))	67

Cochrane Central

ID	Search	Hits
#1	MeSH descriptor: [Headache] this term only	2349
#2	MeSH descriptor: [Headache Disorders] this term only	134
#3	MeSH descriptor: [Headache Disorders, Primary] this term only	16
#4	MeSH descriptor: [Migraine Disorders] explode all trees	2587
#5	MeSH descriptor: [Tension-Type Headache] explode all trees	300
#6	(headache* or head ache* or migraine*):ti,kw	27332
#7	#1 or #2 or #3 or #4 or #5 or #6	27332
#8	MeSH descriptor: [Counseling] explode all trees	5279
#9	(psychoeducat* or psycho-educat*):ti,ab,kw	4467
#10	MeSH descriptor: [Psychotherapy] explode all trees	23321
#11	MeSH descriptor: [Mindfulness] explode all trees	791
#12	MeSH descriptor: [Cognitive Behavioral Therapy] explode all trees	8693
#13	MeSH descriptor: [Motivational Interviewing] explode all trees	798
#14	MeSH descriptor: [Adaptation, Psychological] explode all trees	5198
#15	MeSH descriptor: [Breathing Exercises] this term only	775
#16	MeSH descriptor: [Biofeedback, Psychology] explode all trees	1350
#17	MeSH descriptor: [Relaxation Therapy] explode all trees	1888
#18	MeSH descriptor: [Imagery, Psychotherapy] this term only	422
#19	(cbt or (acceptance NEAR/2 therapy)):ti,ab,kw	8033
#20	(cognitive-behavior-therapy or cognitive-behavioral-therapy):ti,ab,kw	16287
#21	((cognitive or cognitive-behavior*r* or cognitive-behavior*r* individual or Schema* or asserti* or network or communit* or family or imagery or marital or spous* or Transference* or cognitive or behavior*r* or mentali?ation* or dynamic or crisis or emotion* or problem solving or problem-solving or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or Desensiti?ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindful* or meditation) NEAR/3 (therap* or	

	treatment* or intervention* or management* or model* or program* or treat* or training or rehabilitation or neuro-rehabilitation or neurorehabilitation or counseling or counselling or remediation or session* or coaching)):ti,ab,kw	94334
#22	(psychotherap* or psycho-therap*):ti,ab,kw	13263
#23	((Psychosocial or psycho-social or psychologic* or neuro-psycholog* or neuropsycholog*) NEAR/3 (therap* or treatment* or intervention* or management* or model* or program* or treat* or training or rehabilitation or neuro-rehabilitation or neurorehabilitation or support* or counseling or counselling or remediation or session* or coaching)):ti,ab,kw	17597
#24	((controlled or paced or therap* or exercise*) NEAR/2 breathing):ti,ab,kw	3663
#25	(respirat* NEAR/2 (training or exercise* or therap*)):ti,ab,kw	3547
#26	(guided NEAR/2 (imagery or visuali*)):ti,ab,kw	681
#27	(problem solving or coping behavior* or coping behaviour or social coping or stress management or stress handling or adaptation or adaptive behavior* or adaptive behaviour* or motivational interviewing):ti,ab,kw	28940
#28	empower*:ti,ab,kw	3442
#29	(counsel?ing or telecounsel?ing or tele-counsel?ing or internet-counsel?ing or webcounsel?ing or web-counsel?ing or videocounsel?ing or video-counsel?ing or coaching or telecoaching or tele-coaching or internet-coaching or webcoaching or web-coaching or video coaching or video-coaching):ti,ab,kw	23291
#30	#8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18 or #19 or #20 or #21 or #22 or #23 or #24 or #25 or #26 or #27 or #28 or #29	150469
#31	#7 AND #30 with Publication Year from 2017 to 2020, in Trials	404

Cinahl

#	Query	Limiters/Expanders	Results
S34	S28 AND S33	Limiters - Published Date: 20170101-20200731; Language: Danish, English, Norwegian, Swedish	275
S33	S29 OR S30 OR S31 OR S32		408,493
S32	((patient* or person* or participant* or population* or allocate* or assign*) N3 (random* or blind* or mask*))		365,909
S31	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*))		116,999
S30	((((random* or cluster-random* or quasi-random* or control#ed or crossover or cross-over or blind* or mask*) N4 (trial* or study or studies or analy*)) or rct)		539,023

S29	PT Randomized Controlled Trial		132,034
S28	S4 and S27		4,149
S27	S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26		2,021,060
S26	(empower*)		31,153
S25	(problem solving or coping behavio#r* or social coping or stress management or stress handling or adaptation or adaptive behavio#r* or motivational interviewing)		95,772
S24	(guided N2 (imagery or visuali*))		3,357
S23	(respirat* N2 (training or exercise* or therap*))		19,083
S22	((controlled or paced or therap* or exercise*) N2 breathing)		3,345
S21	((psychologic* or neuro-psycholog* or neuropsycholog* or psychosocial or psycho-social) N3 (therap* or treat* or intervention* or program* or plan* or approach* or action* or model* or modal* or multimodal* or multi-modal* or interview* or management or training or rehabilitation or neuro-rehabilitation or neurorehabilitation or support* or counseling or counselling or remediation or session* or coaching))		134,473
S20	(psychotherap* or psycho-therap* or counsel#ing)		109,895
S19	((cognitive or cognitive-behavio#r* or behavio#r or individual or group or Schema* or asserti* or network or communit* or family or carer* or parent* or imagery or marital or spous* or Transference* or cognitive or behavio#r* or mentali?ation* or visuali?ation or dynamic or cris?s or emotion* or psychodynamic* or Interpersonal or Conversational or psychiatric or Aversive or Biofeedback or neurofeedback or Desensiti?ation or Relaxation or Feedback or Gestalt or Hypnosis or Music or Narrative or Psychoanalytic or Psychotherapeutic or Association or Reality or Neurolinguistic Programming or NPL or mindful* or meditation or attention control or stress) N3 (therap* or treatment* or intervention* or management* or model* or program* or modal* or treat* or interview* or training or rehabilitation or neuro-rehabilitation or neurorehabilitation		1,823,632

	or support* or counseling or counselling or remediation or session* or technique*))		
S18	(cognitive-behavior-therapy or cognitive-behavioral-therapy)		10,363
S17	(cbt or act or (acceptance adj2 therapy))		91,012
S16	(MH "Guided Imagery")		3,093
S15	(MH "Biofeedback")		4,078
S14	(MH "Breathing Exercises+")		2,546
S13	(MH "Adaptation, Psychological+")		35,798
S12	(MH "Cognitive Therapy+")		25,888
S11	MH Neuropsychology		2,021
S10	(MH "Support, Psychosocial+") OR (MH "Socioenvironmental Therapy+" or MH "Recreational therapy") or (MH "Rehabilitation, Psychosocial+")		125,294
S9	MH (Psychotherapy+ or Mindfulness+ or Counseling+ or "Relaxation Techniques")		239,234
S8	(counseling or telecounseling or tele-counseling or internet-counseling or webcounseling or web-counseling or videocounseling or video-counseling or coaching or telecoaching or tele-coaching or internet-coaching or webcoaching or web-coaching or videocoaching or video-coaching)		80,306
S7	(MH "Psychoeducation")		3,717
S6	(psychoeducat* or psycho-educat*)		6,205
S5	(MH "Counseling") OR (MH "Anticipatory Guidance") OR (MH "Motivational Interviewing") OR (MH "Peer Counseling")		36,936
S4	S1 OR S2 OR S3		42,994
S3	SU (headache* or head ache* or migraine*)		28,810
S2	(headache* or head ache* or migraine*)		42,994
S1	MH "Headache" or MH "Headache, Primary" or MH "Migraine" or MH "Tension headache"		27,899

PEDRO

147 fund

Abstract & Title: headache* or migraine*

Method: Clinical trial

Published since: 2004

Hånd søgt i det fundne 2017-20: 5 fund

OT Seeker

Alle PICO'er er søgt 28 fund

Any Field: headache or migraine*

Method: Randomized Controlled Trial

Year published: 2004-2020

Hånd søgt i det fundne 2017-20: 2 fund

PICO 7: Bør mennesker med migræne tilbydes akupunktur?

Medline

Søgt 13.07.2020

Database(s): **Ovid MEDLINE(R) and Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Daily and Versions(R)** 1946 to July 10, 2020

Search Strategy:

#	Searches	Results
1	Headache Disorders, Primary/	797
2	exp Migraine Disorders/	27143
3	migraine*.ti,bt,ab,kw,kf.	35372
4	or/1-3	40119
5	exp Acupuncture therapy/	24332
6	exp Acupuncture/	1680
7	(mox#bustion or acupuncture* or acu-puncture* or needle* or needling or electroacupuncture or electro-acupuncture or acupressure).ti,bt,ab,kw,kf.	143635
8	((Trigger adj2 point*) or (auricul adj2 acupuncture) or (warm adj2 acupuncture) or (dry adj (needle* or needling))).ti,bt,ab,kw,kf.	2593
9	or/5-8	149900
10	4 and 9	735
11	limit 10 to (randomized controlled trial or controlled clinical trial)	121
12	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,bt,ab,kf.	701587
13	(placebo* or single-blind* or double-blind* or triple-blind*).ti,bt,ab,kf.	283913
14	((single or double or triple) adj2 (blind* or mask*)).ti,bt,ab,kf.	173907
15	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).tw.	259524
16	or/12-15	903788
17	10 and 16	229
18	11 or 17	256
19	limit 18 to (yr="2019-2020" and (english or danish or norwegian or swedish))	29
20	limit 19 to (systematic review or review or letter)	12
21	19 not 20	17

Embase

Database(s): **Embase** 1974 to 2020 July 10

Search Strategy:

#	Searches	Results
1	exp migraine/	63262
2	primary headache/	2612
3	migraine*.ti,ab,kw.	54140
4	or/1-3	71005
5	exp Acupuncture/	46365
6	(mox#bustion or acupuncture* or acu-puncture* or needle* or needling or electroacupuncture or electro-acupuncture or acupressure).ti,ab,kw.	202453
7	((Trigger adj2 point*) or (auricul adj2 acupuncture) or (warm adj2 acupuncture) or (dry adj (needle* or needling))).ti,ab,kw.	3946
8	or/5-7	217406
9	4 and 8	1799
10	limit 9 to (randomized controlled trial or controlled clinical trial)	211
11	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	974817
12	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	400243
13	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	240755
14	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,kw.	361793
15	or/11-14	1254560
16	9 and 15	422
17	10 or 16	470
18	limit 17 to (yr="2019-2020" and (danish or english or norwegian or swedish))	37
19	limit 18 to ("systematic review" or review or letter or note)	16
20	18 not 19	21

Cochrane Central

ID	Search	Hits
#1	MeSH descriptor: [Headache Disorders, Primary] this term only	16
#2	MeSH descriptor: [Migraine Disorders] explode all trees	2587
#3	migraine*:ti,ab,kw	7120
#4	#1 or #2 or #3	6401
#5	MeSH descriptor: [Acupuncture Therapy] explode all trees	4622
#6	MeSH descriptor: [Acupuncture] explode all trees	150
#7	(mox*bustion or acupuncture* or acu-puncture* or needle* or needling or electroacupuncture or electro-acupuncture or acupressure):ti,ab,kw	29662
#8	((Trigger NEAR/2 point*) or (auricul NEAR/2 acupuncture) or (warm NEAR/2 acupuncture) or (dry NEAR/1 (needle* or needling)))	1640
#9	#5 or #6 or #7 or #8	30469
#10	#4 AND #9 with Publication Year from 2019 to 2020, in Trials	28

Cinahl

#	Query	Limiters/Expanders	Results
S17	S11 AND S16	Limiters - Published Date: 20190101-20200731; Language: Danish, English, Norwegian, Swedish	12
S16	S12 OR S13 OR S14 OR S15		409,017
S15	((patient* or person* or participant* or population* or allocat* or assign*) N3 (random* or blind* or mask*))		367,063
S14	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*))		117,088
S13	((((random* or cluster-random* or quasi-random* or control#ed or crossover or cross-over or blind* or mask*) N4 (trial* or study or studies or analy*)) or rct)		539,470
S12	PT Randomized Controlled Trial		132,177
S11	S4 AND S10		631
S10	S5 OR S6 OR S7 OR S8 OR S9		59,628
S9	((Trigger N2 point*) or (auricul N2 acupuncture) or (warm N2 acupuncture) or (dry N1 (needle* or needling)))		2,989

S8	(mox?bustion or acupuncture* or acu-puncture* or needle* or needling or electroacupuncture or electro-acupuncture or acupressure)		57,546
S7	MH "Dry needling"		252
S6	MH Acupressure		1,409
S5	MH "Acupuncture+"		18,125
S4	S1 OR S2 OR S3		18,948
S3	SU (migraine*)		14,739
S2	(migraine*)		18,873
S1	MH "Headache, Primary" or MH "Migraine"		14,835

PEDRO

2 fund

Abstract & Title: migraine*

Therapy: Acupuncture

Method: Clinical trial

Published since: 2019

PICO 8: Bør mennesker med spændingshovedpine tilbydes akupunktur?

Medline

Søgt 13.07.2020

Database(s): **Ovid MEDLINE(R) and Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Daily and Versions(R)** 1946 to July 10, 2020

Search Strategy:

#	Searches	Results
1	Headache Disorders, Primary/	797
2	exp Tension-Type Headache/	1992
3	((tension* or tension-type) adj2 (headache* or head ache*)).ti,bt,ab,kw,kf.	4141
4	or/1-3	5137
5	exp Acupuncture therapy/	24332
6	exp Acupuncture/	1680
7	(mox#bustion or acupuncture* or acu-puncture* or needle* or needling or electroacupuncture or electro-acupuncture or acupressure).ti,bt,ab,kw,kf.	143635
8	((Trigger adj2 point*) or (auricul adj2 acupuncture) or (warm adj2 acupuncture) or (dry adj (needle* or needling))).ti,bt,ab,kw,kf.	2593
9	or/5-8	149900
10	4 and 9	290
11	limit 10 to (randomized controlled trial or controlled clinical trial)	56
12	((((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,bt,ab,kf.	701587
13	(placebo* or single-blind* or double-blind* or triple-blind*).ti,bt,ab,kf.	283913
14	((single or double or triple) adj2 (blind* or mask*)).ti,bt,ab,kf.	173907
15	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).tw.	259524
16	or/12-15	903788
17	10 and 16	108
18	11 or 17	120
19	limit 18 to (yr="2016-2020" and (english or danish or norwegian or swedish))	24
20	limit 19 to (systematic review or review or letter)	12
21	19 not 20	12

Embase

Database(s): **Embase** 1974 to 2020 July 10

Search Strategy:

#	Searches	Results
1	exp tension headache/	7775
2	primary headache/	2612
3	((tension* or tension-type) adj2 (headache* or head ache*)).ti,ab,kw.	6600
4	or/1-3	10796
5	exp Acupuncture/	46365
6	(mox#bustion or acupuncture* or acu-puncture* or needle* or needling or electroacupuncture or electro-acupuncture or acupressure).ti,ab,kw.	202453
7	((Trigger adj2 point*) or (auricul adj2 acupuncture) or (warm adj2 acupuncture) or (dry adj (needle* or needling))).ti,ab,kw.	3946
8	or/5-7	217406
9	4 and 8	672
10	limit 9 to (randomized controlled trial or controlled clinical trial)	97
11	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	974817
12	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	400243
13	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	240755
14	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,kw.	361793
15	or/11-14	1254560
16	9 and 15	185
17	10 or 16	208
18	limit 17 to (yr="2016-2020" and (danish or english or norwegian or swedish))	34
19	limit 18 to ("systematic review" or review or letter or note)	16
20	18 not 19	18

Cochrane Central

ID	Search	Hits
#1	MeSH descriptor: [Headache Disorders, Primary] this term only	16
#2	MeSH descriptor: [Tension-Type Headache] explode all trees	300
#3	((tension* or tension-type) NEAR/2 (headache* or head ache*)):ti,ab,kw	1087
#4	#1 or #2 or #3	1097
#5	MeSH descriptor: [Acupuncture Therapy] explode all trees	4622
#6	MeSH descriptor: [Acupuncture] explode all trees	150
#7	(mox*bustion or acupuncture* or acu-puncture* or needle* or needling or electroacupuncture or electro-acupuncture or acupressure):ti,ab,kw	29662
#8	((Trigger NEAR/2 point*) or (auricul NEAR/2 acupuncture) or (warm NEAR/2 acupuncture) or (dry NEAR/1 (needle* or needling)))	1640
#9	#5 or #6 or #7 or #8	30469
#10	#4 AND #9 with Publication Year from 2016 to 2020, in Trials	41

Cinahl

#	Query	Limiters/Expanders	Results
S17	S11 AND S16	Limiters - Published Date: 20160101-20200731; Language: Danish, English, Norwegian, Swedish	14
S16	S12 OR S13 OR S14 OR S15		409,017
S15	((patient* or person* or participant* or population* or allocat* or assign*) N3 (random* or blind* or mask*))		367,063
S14	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*))		117,088
S13	((((random* or cluster-random* or quasi-random* or control#ed or crossover or cross-over or blind* or mask*) N4 (trial* or study or studies or analy*)) or rct)		539,470
S12	PT Randomized Controlled Trial		132,177
S11	S4 AND S10		250
S10	S5 OR S6 OR S7 OR S8 OR S9		59,628
S9	((Trigger N2 point*) or (auricul N2 acupuncture) or (warm N2 acupuncture) or (dry N1 (needle* or needling)))		2,989

S8	(mox?bustion or acupuncture* or acu-puncture* or needle* or needling or electroacupuncture or electro-acupuncture or acupressure)		57,546
S7	MH "Dry needling"		252
S6	MH Acupressure		1,409
S5	MH "Acupuncture+"		18,125
S4	S1 OR S2 OR S3		2,452
S3	SU (tension* or tension-type) N2 (headache* or head ache*)		1,282
S2	(tension* or tension-type) N2 (headache* or head ache*)		2,333
S1	MH "Headache, Primary" or MH "Tension headache"		1,418

PEDRO

4 fund

Abstract & Title: tension-type headache* or tension headache*

Therapy: Acupuncture

Method: Clinical trial

Published since: 2016

PICO 9: Bør mennesker med migræne tilbydes patientuddannelse?**PICO 10: Bør mennesker med spændingshovedpine tilbydes patientuddannelse?**

Samsøgt 14.07.2020

PICO 9: 2013-2020**Medline**Database(s): **Ovid MEDLINE(R) and Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Daily and Versions(R)** 1946 to July 10, 2020

Search Strategy:

#	Searches	Results
1	Headache/	27635
2	Headache disorders/	2334
3	Headache Disorders, Primary/	797
4	exp Migraine Disorders/	27143
5	exp Tension-Type Headache/	1992
6	(headache* or head ache* or migraine*).ti,bt,ab,kw,kf.	103144
7	or/1-6	114140
8	Health education/	60458
9	exp Patient Education as Topic/	85287
10	exp Programmed Instruction as Topic/	14220
11	Hotlines/	2712
12	exp Counseling/	43878
13	(psychoeducat* or psycho-educat*).ti,bt,ab,kw,kf.	6485
14	((information* or educat* or guid* or counsel?ing or school* or Course* or Coach* or instruction or class* or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or website) adj3 (health or headache og migraine or treatment* or therapy or intervention or management or patient* or tailor* or individual* or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or client-cent* or client cent* or client-focus* or client focus* or Client-oriented or Client-based or Client-tailored or person-centered or person-centred or person centered or person centred or person-focus* or person focus* or Person-oriented or Person-based or Person-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored)).ti,bt,ab,kw,kf.	578919

15	(self-management or self-instruction* or selfmanagement or selfinstruction* or self management or self instruction* or self-guid* or self guid* or selfguid* or self care or self-care or selfcare or guidance).ti,bt,ab,kw,kf.	151103
16	((information* or instruction* or educat*) adj3 (material or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or guid* or resource* or e-book*)).ti,bt,ab,kw,kf.	34358
17	((education* or learn* or training or teach*) adj2 (program* or patient* or consumer* or material* or resource* or aid*)).ti,bt,ab,kw,kf.	149682
18	(patient adj (information or knowledge or website*)).ti,bt,ab,kw,kf.	9676
19	(workshop* or seminar* or ((discussion or support) adj group*)).ti,bt,ab,kw,kf.	56535
20	(factsheet* or advice line* or advice-line* or hotline or help line* or help-line* or helpline*).ti,bt,ab,kw,kf.	2163
21	((tele* or tele-based or tele-support* or telehealth or tele-health or telemedicine or tele-medicine or internet* or internet-based or internetbased or internet-delivered or internet-support* or internet-assisted or web or webbased or web-based or web based or web-support* or web-assisted or WWW or email* or e-mail or telephone or phone or computer* or computer-based or computerbased or computer-support* or computer-assisted or PC or PCs or PC-based or pc-support* or pc-assisted or skype or skype-based or skype-delivered or skype-assisted or app*1 or app-based or app based or app-assisted or smartphone* or ipad* or tablet* or IOS or android* or online* or on-line or mobile or ehealth or e-health or e-therap* or distance or remote or video-conferenc* or videoconference* or chatroom* or electronic or digital* or technology or technology-based or technology-delivered or technology-supported or technology-assisted or distance) adj3 (counsel* or support* or guide* or guidance or education or school* or course* or coach* or teach* or session* or information)).ti,bt,ab,kw,kf.	76057
22	(tele-counsel?ing or tele-education or tele-instruction or tele-session* or tele-class* or tele-course* or tele-guid* or tele-coaching or internet-counsel?ing or internet-education or internet-instruction or internet-session* or internet-class* or internet-course* or internet-coaching or internet-guid* or web-counsel?ing or web-education or web-instruction or web-session* or web-class* or web-course* or web-coaching or web-guid* or e-counsel?ing).ti,bt,ab,kw,kf.	430
23	or/8-22	1031070
24	7 and 23	5466
25	limit 24 to (randomized controlled trial or controlled clinical trial)	354
26	((((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,bt,ab,kf.	701587

27	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kf,hw.	343128
28	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kf,hw.	238469
29	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,kf.	259545
30	or/26-29	943946
31	24 and 30	749
32	25 or 31	808
33	limit 32 to (yr="2013-2020" and (english or danish or norwegian or swedish))	303
34	limit 33 to (systematic review or review or letter)	109
35	33 not 34	194

Embase

Database(s): **Embase** 1974 to 2020 July 13

Search Strategy:

#	Searches	Results
1	Headache/	213196
2	"headache and facial pain"/	1672
3	exp migraine/	63280
4	exp tension headache/	7777
5	exp chronic daily headache/	7033
6	primary headache/	2616
7	stabbing headache/	233
8	(headache* or head ache* or migraine*).ti,ab,kw.	159265
9	or/1-8	291325
10	Health education/	94876
11	exp Patient Education/	112685
12	exp Psychoeducation/	8026
13	hotline/	373
14	counseling/ or anticipatory guidance/ or directive counseling/ or e-counseling/ or patient counseling/ or patient guidance/	113354
15	(psychoeducat* or psycho-educat*).ti,ab,kw.	10212
16	((information* or educat* or guid* or counsel?ing or school* or Course* or Coach* or instruction or class* or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet*	847540

	or booklet* or brochure* or website) adj3 (health or headache og migraine or treatment* or therapy or intervention or management or patient* or tailor* or individual* or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or client-cent* or client cent* or client-focus* or client focus* or Client-oriented or Client-based or Client-tailored or person-centered or person-centred or person centered or person centred or person-focus* or person focus* or Person-oriented or Person-based or Person-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored)).ti,ab,kw.	
17	(self-management or self-instruction* or selfmanagement or selfinstruction* or self management or self instruction* or self-guid* or self guid* or selfguid* or self care or self-care or selfcare or guidance).ti,ab,kw.	218780
18	((information* or instruction* or educat*) adj3 (material or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or guid* or resource* or e-book*)).ti,ab,kw.	50330
19	((education* or learn* or training or teach*) adj2 (program* or patient* or consumer* or material* or resource* or aid or aids)).ti,ab,kw.	208921
20	(patient adj (information or knowledge or website*)).ti,ab,kw.	16358
21	(workshop* or seminar* or ((discussion or support) adj group*)).ti,ab,kw.	78314
22	(factsheet* or advice line* or advice-line* or hotline or help line* or help-line* or helpline*).ti,ab,kw.	3263
23	((tele* or tele-based or tele-support* or telehealth or tele-health or telemedicine or tele-medicine or internet* or internet-based or internetbased or internet-delivered or internet-support* or internet-assisted or web or webbased or web-based or web based or web-support* or web-assisted or WWW or email* or e-mail or telephone or phone or computer* or computer-based or computerbased or computer-support* or computer-assisted or PC or PCs or PC-based or pc-support* or pc-assisted or skype or skype-based or skype-delivered or skype-assisted or app*1 or app-based or app based or app-assisted or smartphone* or ipad* or tablet* or IOS or android* or online* or on-line or mobile or ehealth or e-health or e-therap* or distance or remote or video-conferenc* or videoconference* or chatroom* or electronic or digital* or technology or technology-based or technology-delivered or technology-supported or technology-assisted or distance) adj3 (counsel* or support* or guide* or guidance or education or school* or course* or coach* or teach* or session* or information)).ti,ab,kw.	98383
24	(counsel?ing or tele-counsel?ing or tele-education or tele-instruction or tele-session* or tele-class* or tele-course* or tele-guid* or tele-coaching or internet-counsel?ing or internet-education or internet-instruction or internet-session* or internet-class* or internet-course* or internet-coaching or internet-guid* or web-counsel?ing or web-education or web-	136318

	instruction or web-session* or web-class* or web-course* or web-coaching or web-guid* or e-counsel?ing).ti,ab,kw.	
25	or/10-24	1531973
26	9 and 25	18039
27	limit 26 to (randomized controlled trial or controlled clinical trial)	1660
28	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	930838
29	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	400376
30	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	240839
31	((patient* or person* or participant* or population* or allocat* or assign*) adj3 random*).ti,ab,kw.	344113
32	or/28-31	1215877
33	26 and 32	2680
34	27 or 33	3128
35	limit 34 to (yr="2013-2020" and (danish or english or norwegian or swedish))	1316
36	limit 35 to ("systematic review" or review or letter)	300
37	35 not 36	1016

PsycInfo

Database(s): APA PsycInfo 1806 to July Week 1 2020

Search Strategy:

#	Searches	Results
1	exp Headache/	15293
2	(headache* or head ache* or migraine*).ti,ab,id.	23227
3	or/1-2	23354
4	Health education/	13177
5	exp Client Education/	4011
6	exp Psychoeducation/	4597
7	Programmed Instruction/	1218
8	Computer Assisted Instruction/	16325
9	Individualized Instruction/	3098
10	Distance Education/	5348
11	exp Educational Programs/	89933

12	Hot Line Services/	1037
13	exp Counseling/	77419
14	exp Self-Help Techniques/	10845
15	(psychoeducat* or psycho-educat*).ti,ab,id.	11445
16	((information* or educat* or guid* or counsel?ing or school* or Course* or Coach* or instruction or class* or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or website) adj3 (health or headache og migraine or treatment* or therapy or intervention or management or patient* or tailor* or individual* or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or client-cent* or client cent* or client-focus* or client focus* or Client-oriented or Client-based or Client-tailored or person-centered or person-centred or person centered or person centred or person-focus* or person focus* or Person-oriented or Person-based or Person-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored)).ti,ab,id.	177009
17	(self-management or self-instruction* or selfmanagement or selfinstruction* or self management or self instruction* or self-guid* or self guid* or selfguid* or self care or self-care or selfcare or guidance).ti,ab,id.	72721
18	((information* or instruction* or educat*) adj3 (material or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or guid* or resource*)).ti,ab,id.	22823
19	((education* or learn* or training or teach*) adj2 (program* or patient* or consumer* or material* or resource* or aid*)).ti,ab,id.	101929
20	(patient adj (information or knowledge or website*)).ti,ab,id.	1561
21	(workshop* or seminar* or ((discussion or support) adj group*)).ti,ab,id.	34166
22	(factsheet* or advice line* or advice-line* or hotline or help line* or help-line* or helpline*).ti,ab,id.	1131
23	((tele* or tele-based or tele-support* or telehealth or tele-health or telemedicine or tele-medicine or internet* or internet-based or internetbased or internet-delivered or internet-support* or internet-assisted or web or webbased or web-based or web based or web-support* or web-assisted or WWW or email* or e-mail or telephone or phone or computer* or computer-based or computerbased or computer-support* or computer-assisted or PC or PCs or PC-based or pc-support* or pc-assisted or skype or skype-based or skype-delivered or skype-assisted or app*1 or app-based or app based or app-assisted or smartphone* or ipad* or tablet* or IOS or android* or online* or on-line or mobile or ehealth or e-health or e-therap* or distance or remote or video-conferenc* or videoconference* or chatroom* or electronic or digital* or technology or technology-based or technology-delivered or technology-supported or technology-assisted or distance) adj3 (counsel* or support* or	55109

	guide* or guidance or education or school* or course* or coach* or teach* or session* or information)).ti,ab,id.	
24	(tele-counsel?ing or tele-education or tele-instruction or tele-session* or tele-class* or tele-course* or tele-guid* or tele-coaching or internet-counsel?ing or internet-education or internet-instruction or internet-session* or internet-class* or internet-course* or internet-coaching or internet-guid* or web-counsel?ing or web-education or web-instruction or web-session* or web-class* or web-course* or web-coaching or web-guid* or e-counsel?ing).ti,ab,id.	347
25	or/4-24	529304
26	3 and 25	1547
27	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,id.	105927
28	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) adj2 (blind* or mask*))).ti,ab,id.	49187
29	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,id.	59140
30	or/27-29	165233
31	26 and 30	247
32	limit 31 to (yr="2013-2020" and (english or danish or norwegian or swedish))	74

Cochrane Central

ID	Search	Hits
#1	MeSH descriptor: [Headache Disorders, Primary] this term only	16
#2	MeSH descriptor: [Migraine Disorders] explode all trees	2587
#3	(migraine*):ti,ab,kw	7120
#4	#1 or #2 or #3	7126
#5	MeSH descriptor: [Health Education] this term only	3843
#6	MeSH descriptor: [Patient Education as Topic] explode all trees	8744
#7	MeSH descriptor: [Programmed Instructions as Topic] explode all trees	1328
#8	MeSH descriptor: [Hotlines] explode all trees	162
#9	MeSH descriptor: [Counseling] explode all trees	5279
#10	(psychoeducat* or psycho-educat*):ti,ab,kw	4467
#11	((information* or educat* or guid* or counsel?ing or school* or Course* or Coach* or instruction or class* or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or website) NEAR/3 (health or headache og migraine or treatment* or therapy or intervention or management or patient* or tailor* or individual* or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or client-cent* or client cent* or client-focus* or client focus* or Client-oriented or Client-based or Client-tailored or person-centered or person-centred or person centered or person centred or person-focus* or person focus* or Person-oriented or Person-	

based or Person-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored)):ti,ab,kw 112400

#12 (self-management or self-instruction* or selfmanagement or selfinstruction* or self management or self instruction* or self-guid* or self guid* or selfguid*):ti,kw 7881

#13 ((information* or instruction* or educat*) NEAR/3 (material or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or guid* or resource* or e-book*)):ti,ab,kw 6913

#14 ((education* or learn* or training or teach*) NEAR/2 (program* or patient* or consumer* or material* or resource* or aid*)):ti,ab,kw 41792

#15 (patient NEAR/1 (information or knowledge or website*)):ti,ab,kw 2552

#16 (workshop* or seminar* or ((discussion or support) NEAR/1 group*)):ti,ab,kw 8714

#17 (factsheet* or fact sheet* or fact-sheet* or advice line* or advice-line* or hotline or help line* or help-line* or helpline*):ti,ab,kw 3840

#18 ((tele* or tele-based or tele-support* or telehealth or tele-health or telemedicine or tele-medicine or internet* or internet-based or internetbased or internet-delivered or internet-support* or internet-assisted or web or webbased or web-based or web based or web-support* or web-assisted or WWW or email* or e-mail or telephone or phone or computer* or computer-based or computerbased or computer-support* or computer-assisted or PC or PCs or PC-based or pc-support* or pc-assisted or skype or skype-based or skype-delivered or skype-assisted or app or apps or app-based or app based or app-assisted or smartphone* or ipad* or tablet* or IOS or android* or online* or on-line or mobile or ehealth or e-health or e-therap* or distance or remote or video-conferenc* or videoconference* or chatroom* or electronic or digital* or technology or technology-based or technology-delivered or technology-supported or technology-assisted or distance) NEAR/3 (counsel* or support* or guide* or guidance or education or school* or course* or coach* or teach* or session* or information)):ti,kw 9767

#19 (counsel*ing or tele-counsel*ing or tele-education or tele-instruction or tele-session* or tele-class* or tele-course* or tele-guid* or tele-coaching or internet-counsel*ing or internet-education or internet-instruction or internet-session* or internet-class* or internet-course* or internet-coaching or internet-guid* or web-counsel*ing or web-education or web-instruction or web-session* or web-class* or web-course* or web-coaching or web-guid* or e-counsel*ing):ti,kw 12350

#20 #5 or #6 or #7 or #8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18 or #19 155754

#21 #4 AND #20 with Publication Year from 2013 to 2020, in Trials 508

Cinahl

#	Query	Limiters/Expanders	Results
S27	S21 AND S26	Limiters - Published Date: 20130101-20200731; Language: Danish, English, Norwegian, Swedish	224
S26	S22 OR S23 OR S24 OR S25		408,927
S25	((patient* or person* or participant* or population* or allocate* or assign*) N3 (random* or blind* or mask*))		366,358
S24	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*))		117,099
S23	((((random* or cluster-random* or quasi-random* or control#ed or crossover or cross-over or blind* or mask*) N4 (trial* or study or studies or analy*)) or rct)		539,601
S22	PT Randomized Controlled Trial OR MH "Ranndomized Controlled Trials+"		132,200
S21	S4 and S20		3,658
S20	S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19		1,925,589
S19	(tele-counsel#ing or tele-education or tele-instruction or tele-session* or tele-class* or tele-course* or tele-guid* or tele-coaching or internet-counsel#ing or internet-education or internet-instruction or internet-session* or internet-class* or internet-course* or internet-coaching or internet-guid* or web-counsel#ing or web-education or web-instruction or web-session* or web-class* or web-course* or web-coaching or web-guid* or e-counsel#ing)		595
S18	((tele* or tele-based or tele-support* or telehealth or tele-health or telemedicine or tele-medicine or internet* or internet-based or internetbased or internet-delivered or internet-support* or internet-assisted or web or webbased or web-based or web based or web-support* or web-assisted or WWW or email* or e-mail or telephone or phone or computer* or computer-based or computerbased or computer-support* or computer-assisted or PC or PCs or PC-based or pc-support* or pc-assisted or skype or skype-based or skype-delivered or skype-assisted or apps or app-based or app based or app-assisted or smartphone* or ipad* or tablet* or IOS or android* or online* or on-line or mobile or ehealth or e-health or e-therap* or distance or remote or video-conferenc* or videoconference* or		418,632

	chatroom* or electronic or digital* or technology or technology-based or technology-delivered or technology-supported or technology-assisted or distance) N3 (counsel* or support* or guide* or guidance or education or school* or course* or coach* or teach* or session* or information))		
S17	(factsheet* or fact sheet* or advice line* or advice-line* or hotline or help line* or help-line* or helpline*)		4,382
S16	(workshop* or seminar* or ((discussion or support) N1 group*))		174,952
S15	(patient N1 (information or knowledge or website*))		16,729
S14	((education* or learn* or training or teach*) N2 (program* or patient* or consumer* or material* or resource* or aid*))		545,605
S13	((information* or instruction* or educat*) N3 (material or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or guid* or resource*))		292,473
S12	(self-management or self-instruction* or selfmanagement or selfinstruction* or self management or self instruction* or self-guid* or self guid* or selfguid* or self care or self-care or selfcare or guidance)		125,348
S11	((information* or educat* or guid* or counsel#ing or school* or Course* or Coach* or instruction or class* or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or website) N3 (health or headache og migraine or treatment* or therapy or intervention or management or patient* or tailor* or individual* or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or client-cent* or client cent* or client-focus* or client focus* or Client-oriented or Client-based or Client-tailored or person-centered or person-centred or person centered or person centred or person-focus* or person focus* or Person-oriented or Person-based or Person-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored))		1,510,937
S10	(MH "Psychoeducation")		3,718
S9	(psychoeducat* or psycho-educat*)		6,210

S8	(MH "Counseling") OR (MH "Anticipatory Guidance") OR (MH "Motivational Interviewing") OR (MH "Peer Counseling")		36,964
S7	(MH "Telephone Information Services")		3,354
S6	(MH "Programmed Instruction+")		8,905
S5	MH ("Health education" or "Patient Education" or "Patient Discharge Education" or "Psychoeducation")		102,079
S4	S1 OR S2 OR S3		43,016
S3	SU (headache* or head ache* or migraine*)		28,833
S2	(headache* or head ache* or migraine*)		43,016
S1	MH "Headache" or MH "Headache, Primary" or MH "Migraine" or MH "Tension headache"		27,922

PEDRO

12 fund

Abstract & Title: headache* or migraine*

Therapy: Education

Method: Clinical trial

Published since: 2013

OT Seeker

6 fund

Title/Abstract: headache* or migraine*

Method: Randomised Controlled Trial

Year published: 2013-2020

PICO 10: 2004-2012

Database(s): **Ovid MEDLINE(R) and Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Daily and Versions(R)** 1946 to July 10, 2020

Search Strategy:

#	Searches	Results
1	Headache/	27635
2	Headache disorders/	2334
3	Headache Disorders, Primary/	797
4	exp Migraine Disorders/	27143
5	exp Tension-Type Headache/	1992
6	(headache* or head ache* or migraine*).ti,bt,ab,kw,kf.	103144
7	or/1-6	114140
8	Health education/	60458
9	exp Patient Education as Topic/	85287
10	exp Programmed Instruction as Topic/	14220
11	Hotlines/	2712
12	exp Counseling/	43878
13	(psychoeducat* or psycho-educat*).ti,bt,ab,kw,kf.	6485
14	((information* or educat* or guid* or counsel?ing or school* or Course* or Coach* or instruction or class* or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or website) adj3 (health or headache og migraine or treatment* or therapy or intervention or management or patient* or tailor* or individual* or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or client-cent* or client cent* or client-focus* or client focus* or Client-oriented or Client-based or Client-tailored or person-centered or person-centred or person centered or person centred or person-focus* or person focus* or Person-oriented or Person-based or Person-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored)).ti,bt,ab,kw,kf.	578919
15	(self-management or self-instruction* or selfmanagement or selfinstruction* or self management or self instruction* or self-guid* or self guid* or selfguid* or self care or self-care or selfcare or guidance).ti,bt,ab,kw,kf.	151103
16	((information* or instruction* or educat*) adj3 (material or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or guid* or resource* or e-book*).ti,bt,ab,kw,kf.	34358
17	((education* or learn* or training or teach*) adj2 (program* or patient* or consumer* or material* or resource* or aid*).ti,bt,ab,kw,kf.	149682

18	(patient adj (information or knowledge or website*)).ti,bt,ab,kw,kf.	9676
19	(workshop* or seminar* or ((discussion or support) adj group*)).ti,bt,ab,kw,kf.	56535
20	(factsheet* or advice line* or advice-line* or hotline or help line* or help-line* or helpline*).ti,bt,ab,kw,kf.	2163
21	((tele* or tele-based or tele-support* or telehealth or tele-health or telemedicine or tele-medicine or internet* or internet-based or internetbased or internet-delivered or internet-support* or internet-assisted or web or webbased or web-based or web based or web-support* or web-assisted or WWW or email* or e-mail or telephone or phone or computer* or computer-based or computerbased or computer-support* or computer-assisted or PC or PCs or PC-based or pc-support* or pc-assisted or skype or skype-based or skype-delivered or skype-assisted or app*1 or app-based or app based or app-assisted or smartphone* or ipad* or tablet* or IOS or android* or online* or on-line or mobile or ehealth or e-health or e-therap* or distance or remote or video-conferenc* or videoconference* or chatroom* or electronic or digital* or technology or technology-based or technology-delivered or technology-supported or technology-assisted or distance) adj3 (counsel* or support* or guide* or guidance or education or school* or course* or coach* or teach* or session* or information)).ti,bt,ab,kw,kf.	76057
22	(tele-counsel?ing or tele-education or tele-instruction or tele-session* or tele-class* or tele-course* or tele-guid* or tele-coaching or internet-counsel?ing or internet-education or internet-instruction or internet-session* or internet-class* or internet-course* or internet-coaching or internet-guid* or web-counsel?ing or web-education or web-instruction or web-session* or web-class* or web-course* or web-coaching or web-guid* or e-counsel?ing).ti,bt,ab,kw,kf.	430
23	or/8-22	1031070
24	7 and 23	5466
25	limit 24 to (randomized controlled trial or controlled clinical trial)	354
26	((((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,bt,ab,kf.	701587
27	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kf,hw.	343128
28	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kf,hw.	238469
29	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,kf.	259545
30	or/26-29	943946
31	24 and 30	749
32	25 or 31	808
33	limit 32 to (yr="2004-2012" and (english or danish or norwegian or swedish))	254

34	limit 33 to (systematic review or review or letter)	82
35	33 not 34	172

Embase

Database(s): **Embase** 1974 to 2020 July 13

Search Strategy:

#	Searches	Results
1	Headache/	213196
2	"headache and facial pain"/	1672
3	exp migraine/	63280
4	exp tension headache/	7777
5	exp chronic daily headache/	7033
6	primary headache/	2616
7	stabbing headache/	233
8	(headache* or head ache* or migraine*).ti,ab,kw.	62813
9	or/1-8	265983
10	Health education/	94876
11	exp Patient Education/	112685
12	exp Psychoeducation/	8026
13	hotline/	373
14	counseling/ or anticipatory guidance/ or directive counseling/ or e-counseling/ or patient counseling/ or patient guidance/	113354
15	(psychoeducat* or psycho-educat*).ti,ab,kw.	10212
16	((information* or educat* or guid* or counsel?ing or school* or Course* or Coach* or instruction or class* or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or website) adj3 (health or headache og migraine or treatment* or therapy or intervention or management or patient* or tailor* or individual* or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or client-cent* or client cent* or client-focus* or client focus* or Client-oriented or Client-based or Client-tailored or person-centered or person-centred or person centered or person centred or person-focus* or person focus* or Person-oriented or Person-based or Person-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored)).ti,ab,kw.	847540

17	(self-management or self-instruction* or selfmanagement or selfinstruction* or self management or self instruction* or self-guid* or self guid* or selfguid* or self care or self-care or selfcare).ti,ab,kw.	53656
18	((information* or instruction* or educat*) adj3 (material or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or guid* or resource* or e-book*)).ti,ab,kw.	50330
19	((education* or learn* or training or teach*) adj2 (program* or patient* or consumer* or material* or resource* or aid or aids)).ti,ab,kw.	208921
20	(patient adj (information or knowledge or website*)).ti,ab,kw.	16358
21	(workshop* or seminar* or ((discussion or support) adj group*)).ti,ab,kw.	78314
22	(factsheet* or advice line* or advice-line* or hotline or help line* or help-line* or helpline*).ti,ab,kw.	3263
23	((tele* or tele-based or tele-support* or telehealth or tele-health or telemedicine or tele-medicine or internet* or internet-based or internetbased or internet-delivered or internet-support* or internet-assisted or web or webbased or web-based or web based or web-support* or web-assisted or WWW or email* or e-mail or telephone or phone or computer* or computer-based or computerbased or computer-support* or computer-assisted or PC or PCs or PC-based or pc-support* or pc-assisted or skype or skype-based or skype-delivered or skype-assisted or app*1 or app-based or app based or app-assisted or smartphone* or ipad* or tablet* or IOS or android* or online* or on-line or mobile or ehealth or e-health or e-therap* or distance or remote or video-conferenc* or videoconference* or chatroom* or electronic or digital* or technology or technology-based or technology-delivered or technology-supported or technology-assisted or distance) adj3 (counsel* or support* or guide* or guidance or education or school* or course* or coach* or teach* or session* or information)).ti,ab,kw.	98383
24	(counsel?ing or tele-counsel?ing or tele-education or tele-instruction or tele-session* or tele-class* or tele-course* or tele-guid* or tele-coaching or internet-counsel?ing or internet-education or internet-instruction or internet-session* or internet-class* or internet-course* or internet-coaching or internet-guid* or web-counsel?ing or web-education or web-instruction or web-session* or web-class* or web-course* or web-coaching or web-guid* or e-counsel?ing).ti,ab,kw.	136318
25	or/10-24	1406855
26	9 and 25	15712
27	limit 26 to (randomized controlled trial or controlled clinical trial)	1513
28	((((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj3 (trial*1 or study or studies or analy*)) or rct).ti,ab,kw.	930838

29	(placebo* or single-blind* or double-blind* or triple-blind*).ti,ab,kw.	400376
30	((single or double or triple) adj2 (blind* or mask*)).ti,ab,kw.	240839
31	((patient* or person* or participant* or population* or allocat* or assign*) adj3 random*).ti,ab,kw.	344113
32	or/28-31	1215877
33	26 and 32	2419
34	27 or 33	2822
35	limit 34 to (yr="2004-2012" and (danish or english or norwegian or swedish))	979
36	limit 35 to ("systematic review" or review or letter)	333
37	35 not 36	646
38	exp Child/ not ((exp adult/ or exp Adolescent/) and exp Child/)	1564383
39	37 not 38	627

PsycINFO

Database(s): **APA PsycInfo** 1806 to July Week 1 2020

Search Strategy:

#	Searches	Results
1	exp Headache/	15293
2	(headache* or head ache* or migraine*).ti,ab,id.	23227
3	or/1-2	23354
4	Health education/	13177
5	exp Client Education/	4011
6	exp Psychoeducation/	4597
7	Programmed Instruction/	1218
8	Computer Assisted Instruction/	16325
9	Individualized Instruction/	3098
10	Distance Education/	5348
11	exp Educational Programs/	89933
12	Hot Line Services/	1037
13	exp Counseling/	77419
14	exp Self-Help Techniques/	10845
15	(psychoeducat* or psycho-educat*).ti,ab,id.	11445

16	((information* or educat* or guid* or counsel?ing or school* or Course* or Coach* or instruction or class* or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or website) adj3 (health or headache og migraine or treatment* or therapy or intervention or management or patient* or tailor* or individual* or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or client-cent* or client cent* or client-focus* or client focus* or Client-oriented or Client-based or Client-tailored or person-centered or person-centred or person centered or person centred or person-focus* or person focus* or Person-oriented or Person-based or Person-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored)).ti,ab,id.	177009
17	(self-management or self-instruction* or selfmanagement or selfinstruction* or self management or self instruction* or self-guid* or self guid* or selfguid* or self care or self-care or selfcare or guidance).ti,ab,id.	72721
18	((information* or instruction* or educat*) adj3 (material or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or guid* or resource*)).ti,ab,id.	22823
19	((education* or learn* or training or teach*) adj2 (program* or patient* or consumer* or material* or resource* or aid*)).ti,ab,id.	101929
20	(patient adj (information or knowledge or website*)).ti,ab,id.	1561
21	(workshop* or seminar* or ((discussion or support) adj group*)).ti,ab,id.	34166
22	(factsheet* or advice line* or advice-line* or hotline or help line* or help-line* or helpline*).ti,ab,id.	1131
23	((tele* or tele-based or tele-support* or telehealth or tele-health or telemedicine or tele-medicine or internet* or internet-based or internetbased or internet-delivered or internet-support* or internet-assisted or web or webbased or web-based or web based or web-support* or web-assisted or WWW or email* or e-mail or telephone or phone or computer* or computer-based or computerbased or computer-support* or computer-assisted or PC or PCs or PC-based or pc-support* or pc-assisted or skype or skype-based or skype-delivered or skype-assisted or app*1 or app-based or app based or app-assisted or smartphone* or ipad* or tablet* or IOS or android* or online* or on-line or mobile or ehealth or e-health or e-therap* or distance or remote or video-conferenc* or videoconference* or chatroom* or electronic or digital* or technology or technology-based or technology-delivered or technology-supported or technology-assisted or distance) adj3 (counsel* or support* or guide* or guidance or education or school* or course* or coach* or teach* or session* or information)).ti,ab,id.	55109
24	(tele-counsel?ing or tele-education or tele-instruction or tele-session* or tele-class* or tele-course* or tele-guid* or tele-coaching or internet-counsel?ing or internet-education or internet-instruction or internet-session* or internet-class* or internet-course* or internet-	347

	coaching or internet-guid* or web-counsel?ing or web-education or web-instruction or web-session* or web-class* or web-course* or web-coaching or web-guid* or e-counsel?ing).ti,ab,id.	
25	or/4-24	529304
26	3 and 25	1547
27	((random* or cluster-random* or quasi-random* or control?ed or crossover or cross-over or blind* or mask*) adj4 (trial*1 or study or studies or analy*)) or rct).ti,ab,id.	105927
28	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) adj2 (blind* or mask*))).ti,ab,id.	49187
29	((patient* or person* or participant* or population* or allocate* or assign*) adj3 (random* or blind* or mask*)).ti,ab,id.	59140
30	or/27-29	165233
31	26 and 30	247
32	limit 31 to (yr="2004-2012" and (english or danish or norwegian or swedish))	102

Cochrane Central

ID	Search	Hits
#1	MeSH descriptor: [Headache Disorders, Primary] this term only	16
#2	MeSH descriptor: [Headache] this term only	2349
#3	MeSH descriptor: [Headache Disorders] this term only	134
#4	MeSH descriptor: [Migraine Disorders] explode all trees	2587
#5	MeSH descriptor: [Tension-Type Headache] explode all trees	300
#6	(headache* or head ache* or migraine*):ti,kw	27332
#7	#1 or #2 or #3 or #4 or #5 or #6	27332
#8	MeSH descriptor: [Health Education] this term only	3843
#9	MeSH descriptor: [Patient Education as Topic] explode all trees	8744
#10	MeSH descriptor: [Programmed Instructions as Topic] explode all trees	1328
#11	MeSH descriptor: [Hotlines] explode all trees	162
#12	MeSH descriptor: [Counseling] explode all trees	5279
#13	(psychoeducat* or psycho-educat*):ti,ab,kw	4467
#14	((information* or educat* or guid* or counsel?ing or school* or Course* or Coach* or instruction or class* or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or website) NEAR/3 (health or headache og migraine or treatment* or therapy or intervention or management or patient* or tailor* or individual* or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or client-cent* or client cent* or client-focus* or client focus* or Client-oriented or Client-based or Client-tailored or person-centered or person-centred or person centered or person centred or person-focus* or person focus* or Person-oriented or Person-based or Person-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored)):ti,ab,kw	112400
#15	(self-management or self-instruction* or selfmanagement or selfinstruction* or self management or self instruction* or self-guid* or self guid* or selfguid*):ti,kw	7881

#16	((information* or instruction* or educat*) NEAR/3 (material or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or guid* or resource* or e-book*)):ti,ab,kw	6913
#17	((education* or learn* or training or teach*) NEAR/2 (program* or patient* or consumer* or material* or resource* or aid*)):ti,ab,kw	41792
#18	(patient NEAR/1 (information or knowledge or website*)):ti,ab,kw	2552
#19	(workshop* or seminar* or ((discussion or support) NEAR/1 group*)):ti,ab,kw	8714
#20	(factsheet* or fact sheet* or fact-sheet* or advice line* or advice-line* or hotline or help line* or help-line* or helpline*):ti,ab,kw	3840
#21	((tele* or tele-based or tele-support* or telehealth or tele-health or telemedicine or tele-medicine or internet* or internet-based or internetbased or internet-delivered or internet-support* or internet-assisted or web or webbased or web-based or web based or web-support* or web-assisted or WWW or email* or e-mail or telephone or phone or computer* or computer-based or computerbased or computer-support* or computer-assisted or PC or PCs or PC-based or pc-support* or pc-assisted or skype or skype-based or skype-delivered or skype-assisted or app or apps or app-based or app based or app-assisted or smartphone* or ipad* or tablet* or IOS or android* or online* or on-line or mobile or ehealth or e-health or e-therap* or distance or remote or video-conferenc* or videoconference* or chatroom* or electronic or digital* or technology or technology-based or technology-delivered or technology-supported or technology-assisted or distance) NEAR/3 (counsel* or support* or guide* or guidance or education or school* or course* or coach* or teach* or session* or information)):ti,kw	9767
#22	(counsel*ing or tele-counsel*ing or tele-education or tele-instruction or tele-session* or tele-class* or tele-course* or tele-guid* or tele-coaching or internet-counsel*ing or internet-education or internet-instruction or internet-session* or internet-class* or internet-course* or internet-coaching or internet-guid* or web-counsel*ing or web-education or web-instruction or web-session* or web-class* or web-course* or web-coaching or web-guid* or e-counsel*ing):ti,kw	12350
#23	#8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18 or #19 or #20 or #21 or #22	155754
#24	#7 AND #23 with Publication Year from 2004 to 2012, in Trials	630

Cinahl

#	Query	Limiters/Expanders	Results
S27	S21 AND S26	Limiters - Published Date: 20040101-20121231; Language: Danish, English, Norwegian, Swedish	209
S26	S22 OR S23 OR S24 OR S25		408,927
S25	((patient* or person* or participant* or population* or allocate* or assign*) N3 (random* or blind* or mask*))		366,358
S24	(placebo* or single-blind* or double-blind* or triple-blind* or ((single or double or triple) N1 (blind* or mask*))		117,099

S23	((random* or cluster-random* or quasi-random* or control#ed or crossover or cross-over or blind* or mask*) N4 (trial* or study or studies or analy*)) or rct)		539,601
S22	PT Randomized Controlled Trial OR MH "Ranrandomized Controlled Trials+"		132,200
S21	S4 and S20		3,658
S20	S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19		1,925,589
S19	(tele-counsel#ing or tele-education or tele-instruction or tele-session* or tele-class* or tele-course* or tele-guid* or tele-coaching or internet-counsel#ing or internet-education or internet-instruction or internet-session* or internet-class* or internet-course* or internet-coaching or internet-guid* or web-counsel#ing or web-education or web-instruction or web-session* or web-class* or web-course* or web-coaching or web-guid* or e-counsel#ing)		595
S18	((tele* or tele-based or tele-support* or telehealth or tele-health or telemedicine or tele-medicine or internet* or internet-based or internetbased or internet-delivered or internet-support* or internet-assisted or web or webbased or web-based or web based or web-support* or web-assisted or WWW or email* or e-mail or telephone or phone or computer* or computer-based or computerbased or computer-support* or computer-assisted or PC or PCs or PC-based or pc-support* or pc-assisted or skype or skype-based or skype-delivered or skype-assisted or apps or app-based or app based or app-assisted or smartphone* or ipad* or tablet* or IOS or android* or online* or on-line or mobile or ehealth or e-health or e-therap* or distance or remote or video-conferenc* or videoconference* or chatroom* or electronic or digital* or technology or technology-based or technology-delivered or technology-supported or technology-assisted or distance) N3 (counsel* or support* or guide* or guidance or education or school* or course* or coach* or teach* or session* or information))		418,632
S17	(factsheet* or fact sheet* or advice line* or advice-line* or hotline or help line* or help-line* or helpline*)		4,382
S16	(workshop* or seminar* or ((discussion or support) N1 group*))		174,952
S15	(patient N1 (information or knowledge or website*))		16,729
S14	((education* or learn* or training or teach*) N2 (program* or patient* or consumer* or material* or resource* or aid*))		545,605

S13	((information* or instruction* or educat*) N3 (material or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or guid* or resource*))		292,473
S12	(self-management or self-instruction* or selfmanagement or selfinstruction* or self management or self instruction* or self-guid* or self guid* or selfguid* or self care or self-care or selfcare or guidance)		125,348
S11	((information* or educat* or guid* or counsel#ing or school* or Course* or Coach* or instruction or class* or advic* or advis* or handout* or hand-out* or pamphlet* or leaflet* or booklet* or brochure* or website) N3 (health or headache og migraine or treatment* or therapy or intervention or management or patient* or tailor* or individual* or Patient-centred or Patient-centered or Patient-oriented or Patient-focused or Patient-based or Patient-tailored or client-cent* or client cent* or client-focus* or client focus* or Client-oriented or Client-based or Client-tailored or person-centered or person-centred or person centered or person centred or person-focus* or person focus* or Person-oriented or Person-based or Person-tailored or Individual-centred or Individual-centered or Individual-focused or Individual-oriented or Individual-based or Individual-tailored))		1,510,937
S10	(MH "Psychoeducation")		3,718
S9	(psychoeducat* or psycho-educat*)		6,210
S8	(MH "Counseling") OR (MH "Anticipatory Guidance") OR (MH "Motivational Interviewing") OR (MH "Peer Counseling")		36,964
S7	(MH "Telephone Information Services")		3,354
S6	(MH "Programmed Instruction+")		8,905
S5	MH ("Health education" or "Patient Education" or "Patient Discharge Education" or "Psychoeducation")		102,079
S4	S1 OR S2 OR S3		43,016
S3	SU (headache* or head ache* or migraine*)		28,833
S2	(headache* or head ache* or migraine*)		43,016

S1	MH "Headache" or MH "Headache, Primary" or MH "Migraine" or MH "Tension headache"		27,922
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PEDRO

23 fund

Abstract & Title: headache* or migraine*

Therapy: Education

Method: Clinical trial

Published since: 2004-20

OT Seeker

2 fund

Title/Abstract: headache* or migraine*

Method: Randomised Controlled Trial

Year published: 2004-2012